Attention: Council of Graduate Students Delegates Requires a Re-vote

Our program is required to Re-vote for CGS delegates due to a technical issue. Voting is open now and ends today, Monday, October 7, at 5:00 PM. You can vote by going to this link: http://cgs.osu.edu/secure/vote. Below are the candidate profiles.

Estevan Santana
Voting for the Council of Graduate Student delegate seats is open and ongoing. I'm Estevan Santana, a fifth year in the Biomedical Sciences Program and a candidate for a delegate seat for our program. I'd like to ask for your vote. I have served on numerous student boards including our program's IBSO organization, the student board at Nationwide Children's Hospital, and on the advisory panel for the DISCOVERY PREP program. I wish to continue my service by representing our program as a delegate on The Council of Graduate Students. I hope to take your concerns as students in the Biomedical Sciences Graduate Program and give them a voice. Please for vote me, Estevan Santana.

Christian Harding
Hello Biomedical Sciences graduate students,
My name is Christian Harding and I am a fourth year graduate student in Dr. Robert Munson's lab. I am currently running for a delegate seat in the Council of Graduate Students (CGS). I have previously served as the secretary for our program's Integrated Biomedical Sciences Student Organization (IBSO) and would like to broaden my service experience. I am hoping to be elected so that I may represent the best interests of the graduate students within our program. To vote or gather more information please visit the CGS website above. Thanks.

Kristyn Gumpper
Hey fellow Biomedical Students! I'm Kristyn, a second year student in Dr. Jianjie Ma's lab. I applied to be a CGS delegate for our program because I am looking to get more involved on our campus and in our program. I would like to represent all of you in the Graduate Student Government and keep you better informed of the opportunities provided by OSU including but not limited to funding and fun activities.

Sean Harshman Dissertation Defense: 10/11 @ 9:00 AM, 165 DHLRI
It is our pleasure to announce that doctoral candidate, Sean Harshman, is defending his dissertation. Please see below for details regarding his public defense if you wish to attend. You can find his booklet here.

Sean Harshman, PhD Candidate
Advisor Michael Freitas, Ph.D.
"Characterization of Histone H1 and Extracellular Vesicles by Mass Spectrometry"
Friday, October 11, 2013 @ 9:00 am, 165 DHLRI

Christopher Penton Dissertation Defense: 10/11 @ 1:00 PM, 105 BRT
It is our pleasure to announce that doctoral candidate, Christopher Penton, is defending his dissertation. Please see below for details regarding his public defense if you wish to attend. You can find his booklet here.

Christopher Penton, PhD Candidate
Advisor : Federica Montanaro , Ph.D.
"In Vitro Differentiation of Muscle Side Population Cells from Dystrophic Muscle Reveals Absence of Myogenesis and Implications of Hedgehog Signaling"
Friday, October 11, 2013 @ 1:00 pm, 105 BRT

Reminder: Retreat Travel Award Competition
A reminder to all post-candidacy students to apply to be speakers at the program retreat on Wednesday, December 4, 2013. We will have 8 student speakers, and two will win a $1,000 travel award and the Best
Student Speaker will be awarded an additional $250 award from Procter & Gamble. To participate as a speaker and in the Biomedical Sciences Graduate Program Student Travel Award Competition, write a one-page double spaced abstract about your research project and return as a MS Word attachment to ibgp@osumc.edu by Friday, October 11. Abstracts will be reviewed by members of the Graduate Studies Committee faculty and eight students will be selected to make a 10 minute science presentation at the Retreat.

Biomedical Sciences Graduate Program Student Room

The Biomedical Sciences Graduate Program student room will begin renovations on Monday, October 7, so access may be limited. We apologize for this temporary inconvenience.

Graduate School News and Events

CIC/Smithsonian Fellowship Announcement

The Committee on Institutional Cooperation (CIC) universities (which includes Ohio State) and the Smithsonian Institution will offer a joint fellowship program. This is the fourth year of the competition. Note that the November 1 deadline is earlier than last year’s. Ohio State may only submit one nomination for this fellowship so an internal vetting process is necessary and will begin after the November 1 submission deadline.

The CIC/SI award provides one-year predoctoral fellowships to support research in residence at Smithsonian Institution facilities in association with members of its research staff. To be eligible to apply, students must have completed all course work for their programs, and must have been admitted into doctoral candidacy and satisfied all requirements except completion of the dissertation.

All fields of study that are actively pursued by the museums and research organizations of the Smithsonian Institution are eligible. The online guide, Smithsonian Opportunities for Research and Study, outlines Smithsonian research activities and lists the research staff. Applicants are strongly encouraged to contact staff members to discuss their proposed research and its feasibility at the Smithsonian.

Please refer to the attached announcement for all the particulars and pertinent links, or visit the CIC website. If you have questions, feel free to contact Katherine Eckstrand by e-mail or at 292-9490.

Medical Center News and Events

Third Annual Arts Fair: Tuesday, October 8

The Medicine and the Arts Board of Directors welcomes members of the Central Ohio Arts Community to the Third Annual Arts Fair. See the flyer here. Tuesday, October 8, 2013
Provided as a service to the OSU Wexner Medical Center community, members of the Central Ohio Arts Community will provide you with information about their organizations and answer your questions about their upcoming season. Some organizations are offering a chance to win events tickets.

Other News and Events

**Mental Health Week at Ohio State**

October 6-12, 2013 is Mental Health Week at Ohio State! This is to help raise awareness and decrease the stigma of Mental Illness. [Read more here](#) about the signs and symptoms of depression. If you are still wondering whether or not you are depressed, you may want to take an online screening for depression. This anonymous self-assessment is free, quick and can help you determine whether or not a professional consultation for depression may be helpful to you.

OSU Counseling and Consultation Service is able to see students on an urgent basis during their [hours of operation](#). You can reach CCS at 614-292-5766.

See the list of events for Mental Health Week below.

**October 7, 10 am, RPAC Meeting Rooms 1 & 2**
Presentation: Preventing, Identifying, and Managing Stress, Anxiety, and Depression  
Chief Wellness Officer Bernadette Melnyk & Dr. Micky Sharma, Director of Counseling and Consultation Services  
Come by the Wellness Ambassador "Live Well Hut" on the green space between Baker and Smith-Steeb from 5-7pm to meet a therapy dog, get wellness goodies and learn ways to improve your mental health!

**October 7, 5-6 pm, Younkin Success Center**
Stress reduction workshop, Counseling and Consultation Services

**October 8, 10:30 am, US Bank Theater, Ohio Union**
Presentation: PeaceLove presents "Getting better"  
Ohio State alumnus Jeffrey Sparr is uniquely qualified as an advocate, self-taught artist, and most importantly an OCD sufferer to communicate and articulate a message of hope and a creative vision for making a difference in peoples' lives.

**October 9, 4:30 pm, Dance Room 2, Ohio Union**
Yoga for relaxation and stress reduction

**October 10, 12:30-4:30 pm, Suite 100, 700 Ackerman Rd.**
Stress screenings, OSU Employee Assistance Program  
Come by the Wellness Ambassador Hut on the courtyard outside of Haverfield House from 5-7pm!
October 11, 11 am-3pm, Great Hall Meeting Room 3, Ohio Union
Positive psychology activities, Counseling & Consultation Services and Boo Radley Association
Please register at buckeyewellness.osu.edu or contact Ben Van Treese van-treese.1@osu.edu for more information

Spring 2014: MVIMG 7470: Neuromuscular Biology and Disease
MVIMG is offering a graduate course in the MVIMG department on neuromuscular disease and muscle biology, with a focus on Duchenne Muscular Dystrophy. See the course flyer here.

Fun Fact
Sea Otters Sleep Holding Paws
To keep from drifting apart while they sleep, sea otters often sleep holding paws. Read more sea otter facts here.