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I. Introduction: Health Sciences Program
   a. Purpose and Philosophy

The Health Sciences program is intended for students interested in continuing their education in a graduate field in health care, continuing their education from AS to a BS, or in pursuing an entry level job in health care. Students interested in graduate school pursue degrees in areas such as Occupational Therapy, Physical Therapy, Medicine, Public Health, Hospital/Health Services Administration, Dentistry, Optometry, Nursing, Veterinary Medicine, Medical Dietetics and/or other graduate program of their choice upon graduation. The Health Sciences program also offers the opportunity for students to enter the health care field in various community education and patient center management positions. Students receive an introduction to the organization and delivery of healthcare as well as general education. The program provides the foundation of coursework for students to complete the Certified Health Education Specialist exam and can also be used for students to complete their bachelor’s degree after achieving an associate’s degree in a related health care field.

b. Goals

The program will give students the opportunity to examine their values, beliefs and attitudes, and to develop their knowledge and skills in general education and a science based core by:

- providing education in the sciences, the health care delivery/services industry, and health management/health and wellness, and enabling the development of a set of skills that differentiates a graduate in the Health Sciences Program and allows the graduate to apply knowledge and skills to a career in a health care delivery and/or health-related services setting.

- teaching students to think critically, creatively, and at a systems level, to solve problems and integrate a variety of perspectives, to use resources and research, and make informed decisions about health management/health and wellness issues, and to communicate effectively verbally and in writing, at all levels with professionals, executives and managers, peers, subordinates, and with clients and supports in all situations.

- preparing students to function in a highly technological and rapidly changing health care environment with integrated delivery systems, restructuring of work, and an increased focus on evidence based practice.

c. Core Competencies: A Combination of Knowledge and Skills

The Health Sciences Program curriculum prepares graduates for entry into a professional graduate program or for an entry level position. Graduates are expected to have a combination of knowledge and skills identified as the following core competencies to apply to health care and health related services careers.
Foundation – integrated across the curriculum

1.1 Critical thinking, creative thinking, systems level thinking
1.2 Problem solving and decision making
1.3 Leadership and collaboration including working in teams
1.4 Effective communication – verbal, non-verbal, written and interpersonal, among disciplines, at all levels, and with clients and supports
1.5 Conflict management
1.6 Computer skills – proficiency in basic computer applications
1.7 Concepts of statistics and interpretation, including data gathering and analysis
1.8 Concepts of public health and epidemiology
1.9 Health Literacy
1.10 Health care delivery and systems - roles of public and private organizations in planning and supporting health care, study of health trends, preventive care, social legislation and current professional issues
1.11 Diversity and cultural competency – broadly defined in terms of ethnicity, culture, lifestyle, gender, education, socioeconomic status, and age with consideration of lifespan issues and the implications on health care/services delivery
1.12 Public policy – including process of public policy development, national/state/local collaboration, and advocacy
1.13 Outcomes – measuring and evaluating benefit, consumer satisfaction, use of outcomes for consumer choices, sharing of best practices
1.14 Research – methodology, interpretation and use of evidenced-based practice
1.15 Needs assessment theory, concepts of economic analysis, quality of life and clinical outcomes using scarce program resources, development and evaluation planning
1.16 Management functions and application to health care – theory and principles of supervision, staffing, delegation, decision-making, effective group leadership, managing change and self-management
1.17 Ethical and legal issues and decision making processes related to health care and services delivery
1.18 Decision making based up evidence
II. Faculty
The Health Sciences Program brings together the faculty and staff of the School of Health and Rehabilitation Sciences (SHRS) who have related degrees, formal education, or equivalent experience in the Health Sciences areas as evidenced by research, scholarly activity, or recognition by peers in the field.

Health Sciences Program faculty and staff include:

<table>
<thead>
<tr>
<th>Name</th>
<th>Office</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jackie Buell, PhD, RD, CCSD, ATC</td>
<td>306 Atwell</td>
<td>688-2088</td>
</tr>
<tr>
<td>Jill Clutter, PhD CHES</td>
<td>306 Atwell</td>
<td>292-0635</td>
</tr>
<tr>
<td>Crystal Dunlevy, EdD, RRT, RCP</td>
<td>306 Atwell</td>
<td>292-0996</td>
</tr>
<tr>
<td>Holly Estes, MS</td>
<td>306 Atwell</td>
<td>688-1755</td>
</tr>
<tr>
<td>Diane Habash, PhD, RD, LD</td>
<td>306 Atwell</td>
<td>292-4595</td>
</tr>
<tr>
<td>Christie Lukegord</td>
<td>206 Atwell</td>
<td>292-1706</td>
</tr>
<tr>
<td><em>Health Sciences Academic Advisor</em></td>
<td></td>
<td></td>
</tr>
<tr>
<td>John Buford, PT, PhD</td>
<td>516 Atwell</td>
<td></td>
</tr>
<tr>
<td><em>Interim Director</em></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
III. Student Responsibilities & Resources

This is YOUR education - it is your responsibility to make the most of this academic experience. The quality and success of your experience depend on you.

As a Student you are expected to:
- plan and manage your Health Sciences Program of study within the parameters of the curriculum, with the advisement and assistance of your Health Sciences advisor
- abide by all the rules and regulations as set forth in the OSU Student Handbook and the SHRS Student Handbook
- successfully run your degree audit and know where you stand with progress towards graduation.
- complete all required coursework for the Health Sciences Program as provided in the List of Courses (see page 9) and the Suggested Scheduling Plan on the Health Sciences website at medicine.osu.edu/hrs/hs/current-students/curriculum-outlines/pages/index.aspx
- communicate with your advisor about any changes in your plans and difficulties, or problems that may interfere with your studies or completion of the program
- use and access your OSU email account regularly to receive important Health Sciences Program updates
- make academic success a top priority
- take responsibility
- identify and solve your problems
- use the resources available and appropriate to your needs as an OSU/SHRS student
- be aware of and meet important, pertinent deadlines
- conduct yourself in a professional manner
- be on time for appointments and classes; attend all classes
- be prepared and participate fully in classes

Students are required to abide by the School of Health and Rehabilitation Sciences Code of Ethics as well as the University Code of Student Conduct. See Student Code of Ethics section of the SHRS Student Handbook for details. The handbook can be accessed at medicine.osu.edu/hrs/current-ohio-state-students/student-handbooks/pages/index.aspx

Students are required to complete all program requirements outlined in this handbook. Some of these requirements may be modified in the future. Any such modifications will be clarified in writing and will be distributed to all students in the program in advance of implementation via email communication and also available online through the SHRS website.

Students should visit the Health Sciences website at medicine.osu.edu/hrs/hs/Pages/index.aspx on a regular basis to stay current with regard to program news. In addition to being a means of communication between the students and faculty, the website is a valuable resource for students. The website has the most up-to-date curriculum plans, internship forms and information, and links to helpful websites for all Health Sciences students.
IV. Advising, Planning, Registration and Scheduling

a. Advising
Upon admission to the program, each Health Sciences student is assigned to a major advisor. Students should contact the major advisor by calling Student Services at 614-292-1706 to make an appointment to meet as needed. The advisor will assist students with registration and scheduling matters as well as any other academic matters. Advising is much more than just scheduling. Students are encouraged to make good use of the advisor’s and faculty’s experience and resources and discuss career goals and areas of interest.

The advisor is available by email, during office hours or by appointment. Allow 3 business days for responses to email unless otherwise notified. Students will be given 30 minutes for each visit. Students are expected to come prepared to the advising visit with questions and information to make the most of the time allotted. Students are encouraged to communicate with the advisor and keep the advisor informed of any changes needed to schedules, any changes in plans, and any difficulties or problems that might interfere with their studies.

b. Planning and Tracking
Students are responsible for knowing their own standing in relation to their program of study and the regulations and standards of the university and SHRS. Students are responsible for planning and completing all required coursework for the Health Sciences Program as provided in the List of Courses and the Suggested Scheduling Plan on the Health Sciences website at medicine.osu.edu/hr/hs/current-students/curriculum-outlines/pages/index.aspx. Students are expected to track the requirements, completion of courses, and their progress through the curriculum on an ongoing basis. Students are encouraged to use their Degree Audit report to assist them in tracking. The Degree Audit information is managed by the University Registrar’s office. Students can access their Degree Audit report at the OSU Registrar’s web site buckeyelink.osu.edu.

The advisor will track completion of courses for all graduating seniors between autumn and spring of senior year. Students are expected to follow the curriculum plan created in HRS 3000 and to only deviate from that plan after checking with the advisor. Students are encouraged to check their degree audit before beginning their final year in the program.

c. Registration and Scheduling
Students are responsible for registration and scheduling of their courses and working within the parameters of the Health Sciences Program Suggested Scheduling Plan as outlined in this handbook and available on the Health Sciences website at medicine.osu.edu/hr/hs/current-students/curriculum-outlines/pages/index.aspx particularly with courses that are offered only once per year or taught at a specific level. The advisor can assist the student in scheduling, but the student is responsible for completing his/her program.
Students will complete a program plan as part of HRS 3000; this plan will be approved and should be followed. Changes in the plan will need approval of the Health Sciences advisor. The Health Sciences Program (core courses, major electives, required minor) is the primary course of study and any other elective coursework should be planned around Health Sciences Program courses. Taking additional elective courses outside of the Health Sciences Program may pose time conflicts and could delay graduation.

Any student deviating from their approved Plan should first make an appointment with the advisor no later than two weeks prior to his/her enrollment appointment opening. The student should bring an already prepared schedule to this advising/scheduling appointment. The advisor will review the schedule and program of study and will help to modify the schedule if needed. The student is then responsible for scheduling the appropriate classes when his/her registration window opens.

Students having difficulty registering for a SHRS course that is “full” should work with the advisor to get permission to be added to the course. Students having difficulty getting into a course that is “full” outside of SHRS should contact the university department for that course. SHRS advisors have no jurisdiction over courses from other departments. Students should contact either the department office or the instructor.

d. Direct Admission

The Health Sciences program in the School of Health and Rehabilitation Sciences offers direct admission into the major for students that are participating in OSU’s Honors or Scholars programs. These students do not have to complete the Health Sciences application process through professional admissions. Once admitted, students must complete all pre-requisite coursework with a C- or higher prior to starting the professional coursework. Traditionally pre-requisite coursework is taken during the first 2 years at OSU. Students who do not complete pre-requisite coursework must postpone the professional program until all 10 pre-requisites have been completed with a C- or higher. This may add time to degree completion.

Students who wish to be directly admitted into the Health Sciences program must meet one of the two following criteria:

1. New first semester freshman who have been selected for the Honors or Scholars program.
2. Current OSU students who are active in Honors or Scholars program AND have a GPA of 3.0 or higher.
V. Academic Program

a. Curriculum
The curriculum of the Health Sciences Program Bachelor of Science degree has five components. All five must be successfully completed to graduate.

- University General Education
- Prerequisites
- Core Requirements
- Health Science Major Electives
- Required Minor

Students should meet with an advisor to ensure that all GE requirements and Core Requirement classes have been fulfilled. Additionally, an advisor can help you select from a variety of Health Science Major Electives and Minor Options that are most suited to you ultimate career interests and goals.

b. Suggested Scheduling Plan
The anticipated sequence of courses is provided for the Health Science student and allows a Health Sciences Program student to complete the Bachelor of Science degree in four years of full-time study. A suggested scheduling plan has been outlined and is available under the Current Students section of the Health Sciences Program website at medicine.osu.edu/hrs/hs/current-students/curriculum-outlines/pages/index.aspx. These documents are considered an advising tool for the student to plan his/her course of study. The course of study is subject to change; all changes will be communicated.

The OSU Course Catalog, which contains course descriptions, is available on-line as is the Schedule of Classes at http://buckeyelink.osu.edu/. Course schedules may be changed within the Health Sciences Program. Students who wish flexibility in their schedule/selection of courses should work closely with the advisor to determine their needs and the changes that will meet their academic and career goals as well as the university requirements. All changes should be planned in a timely manner, communicated to the advisor, and documented in the file.
c. **Substitutions**

Substitutions may be made for designated prerequisite courses as indicated in the following table. For these courses, careful consideration should be given to the impact of the course on the program of study and on post baccalaureate plans for a career or a graduate/professional program. Substitutions should be communicated to the advisor but will not require a petition.

<table>
<thead>
<tr>
<th>Course*</th>
<th>Substitution*</th>
</tr>
</thead>
<tbody>
<tr>
<td>MATH 1148</td>
<td>MATH 1130</td>
</tr>
<tr>
<td>SOCIOLGY 1101</td>
<td>RURAL SOCIOLOGY 1500</td>
</tr>
<tr>
<td>ANATOMY 2300.04</td>
<td>ANATOMY 3300 OR EEOB 2510</td>
</tr>
<tr>
<td>STATISTICS 1350</td>
<td>STATISTICS 1450 OR PSYCH 2220</td>
</tr>
<tr>
<td>HTHRHSC 2500</td>
<td>CLASSICS 2010</td>
</tr>
</tbody>
</table>

* Subject to change
** Completion of MATH 1148 or greater required for CHEM 1210
*** MATH 1150 or higher may be required for continued professional or graduate coursework

Course substitutions **WILL NOT BE APPROVED** for core classes in the program. The only exceptions will be made for students minoring in Psychology or HDFS – these students may take PSYCH 2300 in place of HRS 5900 (for psychology minors) or HDFS 2400 in place of HRS 3500 (for HDFS minors). Students using this option must substitute a major elective course in place of the HRS core class they will not be taking. Any questions should be directed to the advisor.

Students minoring in Public Health may overlap their core requirement of PUBHEPI2410 with their minor requirement without petition. However, these students will need to add an additional major elective to their schedule.

Requests for any substitutions other than those listed above, or for waiving of a course requirement will require a “Petition for a Degree Requirement Exception”. The substitution or waive of a course requirement should be discussed with the advisor to determine if the substitution is appropriate.

Forms and instructions are available at the SHRS Student Affairs office. See SHRS Student Handbook Academic Planning and Procedures section on Petitioning Program for more details on the procedure for submitting a petition form and providing documentation for the file.

Students with an Associate’s Degree from another institution in fields related to Health Sciences are not required to complete a minor. Please contact the Health Sciences academic advisor for more information regarding waiving the minor.
d. Transfer Courses
For details and instructions on procedures for processing courses evaluated as General or Special Credit see the SHRS Student Handbook Academic Planning and Procedures Section. Students can also find transfer information online at http://registrar.osu.edu/transfer_credit/index.asp

Completion/Documentation:
For students enrolled in the Health Sciences Program, in the case of ANY course completed for credit from another university or college, once the course is completed and as soon as possible, the student is responsible for providing the final grade to the Health Sciences advisor. Students must request a copy of the official transcript to be sent to Professional Admissions to receive credit on OSU records:

The Ohio State University
Professional Admissions
P.O. Box 182003
Columbus, Ohio 43218-2003
Phone: (614) 292-9444

e. Academic Requirements
The Academic Sanctions section of the SHRS Student Handbook describes the SHRS policies about warning, probation, and disenrollment which are also the requirements of the Health Sciences Program. The SHRS Student Affairs office monitors students’ GPAs and course grades every semester. Students are expected to maintain at least a 2.20 overall GPA throughout their program. In addition, all required courses; prerequisite, core, and major electives, must be completed with a grade of C- or higher. Courses completed with a grade lower than C- must be retaken, which could impede progress in the program for up to a year. In addition, a student who receives less than a C- in any one of these courses shall be placed on probation.

Directly admitted first year students must maintain a 2.2 cumulative GPA by the end of their first year in order to stay in the major. If a first year student does not meet this standard by the end of their first year they will be changed to pre-health sciences. They can be readmitted into the major one of two ways:

1. Achieve a 3.0 and remain active in Honors or Scholars. They are now eligible again for direct admission into the major.
   *Please note- the requirements to remain in the Health Sciences major are lower than either the Honors or Scholars requirements.

2. Complete the traditional application process.

Students who are using the SHRS petition process, freshman forgiveness, or other university sponsored academic exception will be reviewed on a case by case basis.

Conditions for removing probation will be specified at the time of probation and sent in writing to the student. See the SHRS Student Handbook for detailed information on academic sanctions. The list of the courses for Health Sciences is as follows:
## Health Sciences Curriculum Requirements *

<table>
<thead>
<tr>
<th>Prerequisites</th>
<th>Course</th>
</tr>
</thead>
<tbody>
<tr>
<td>Math 1148 (or higher)</td>
<td>Algebra and Trigonometry</td>
</tr>
<tr>
<td>Psychology 1100</td>
<td>General Psychology</td>
</tr>
<tr>
<td>Biology 1113</td>
<td>Biological Sciences: Energy Transfer and Development</td>
</tr>
<tr>
<td>Chemistry 1210</td>
<td>General Chemistry I</td>
</tr>
<tr>
<td>Chemistry 1220</td>
<td>General Chemistry II</td>
</tr>
<tr>
<td>Sociology 1101</td>
<td>Introduction to Sociology</td>
</tr>
<tr>
<td>EEOB 2520</td>
<td>Introductory Physiology</td>
</tr>
<tr>
<td>Anatomy 2300.04</td>
<td>Basic Human Anatomy</td>
</tr>
<tr>
<td>Statistics 1350 or 1450</td>
<td>Elementary Statistics</td>
</tr>
<tr>
<td>Hthrhsc 2500</td>
<td>Medical Terminology</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Core</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>HTHRHSC 3000</td>
<td>Introduction the Health Professions</td>
</tr>
<tr>
<td>HTHRHSC 3400</td>
<td>Health Promotion and Disease Prevention</td>
</tr>
<tr>
<td>HTHRHSC 3500</td>
<td>Critical Phases of Life</td>
</tr>
<tr>
<td>HTHRHSC 4000</td>
<td>Ethical Decision Making</td>
</tr>
<tr>
<td>HTHRHSC 4300</td>
<td>Contemporary Topics in Health and Society</td>
</tr>
<tr>
<td>HTHRHSC 4370</td>
<td>Community Influence and Allied Medicine</td>
</tr>
<tr>
<td>HTHRHSC 4400</td>
<td>Individual Differences in Client Populations</td>
</tr>
<tr>
<td>HTHRHSC 5300</td>
<td>Management and HR for Health Professionals</td>
</tr>
<tr>
<td>HTHRHSC 5370</td>
<td>Health Care Delivery</td>
</tr>
<tr>
<td>HTHRHSC 5500</td>
<td>Principles of Disease</td>
</tr>
<tr>
<td>HTHRHSC 5900</td>
<td>Research</td>
</tr>
<tr>
<td>PUBHEPI 2410</td>
<td>Introduction to Populations</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Major Electives</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Major elective courses consist of optional classes offered by the School of Health and Rehabilitation Sciences. Any course not required by the program but offered in the school may be used for this requirement. Students must complete 12 hours.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Minors</th>
<th></th>
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</thead>
<tbody>
<tr>
<td>Many options exist to fulfill the minor requirement for the Health Sciences degree. Many minors can be found at <a href="http://ascadvising.osu.edu/programs/minors">ascadvising.osu.edu/programs/minors</a>. The student should meet with the Health Sciences academic advisor to discuss minor options and fill out any necessary paperwork.</td>
<td></td>
</tr>
</tbody>
</table>

* Subject to change
f. Chain of Command
Concerns related to a course must first be discussed with the instructor of the course before the concern can be brought to the advisor. Problems related to the Program should be directed first to the Health Sciences advisor and then to the Division Director.

g. Graduation Requirements
Students should refer to the degree audit report online at [www.buckeyelink.osu.edu](http://www.buckeyelink.osu.edu) to ensure that all requirements are complete for graduation.

h. Non Academic Requirements

Student Identification and HIPAA Compliance
Students in the Health Sciences Program are expected to follow the guidelines set forth in the SHRS Student Handbook for identification and HIPAA compliance. For details, see the New Student Procedures section in the SHRS Student Handbook.

Immunizations
Immunizations are not required for students in the Health Sciences program. Please note students completing optional internships in a health care setting may be required to document up-to-date immunizations. The cost of all immunizations is the student’s responsibility. All required immunizations are available through the Student Health Center (no office visit fee). If students are covered by OSU student health insurance, the immunizations are discounted.

Professional Image and Conduct
Students of the Health Sciences Program represent The Ohio State University, the College of Medicine, the School of Health and Rehabilitation Sciences, and the Health Sciences Program. Students are expected to

- follow the guidelines set forth in the SHRS Student Handbook
- project a professional image including: appearance, respect and courtesy, self-control, dependability and reliability, honesty, punctuality and responsibility.
- conduct themselves in a professional manner in interactions with faculty and peers, in interactions with health professionals, in clinical, professional, and internship settings, and at any functions related to activities of the School/OSU or the Health Sciences Program.
- conduct themselves in a professional manner in classes. Unprofessional behavior in the classroom is defined as any situation in which class is disrupted through personal actions or actions that contribute to someone else’s disruptive behavior in class. Examples include but are not limited to:
  - racial/ethnic or sexually related comments made in class that could be considered derogatory
  - an outburst or heated verbal exchange between students and/or between a student and the instructor
  - inappropriate humor that becomes disruptive
- conduct all social media in a professional manner
The Health Sciences advisor will address behavior that is reported as unacceptable with the student and appropriate faculty. The parties involved will determine behavior changes needed, timeframe for correction, and consequences if behavior is not corrected. Repeated violations could be cause for professional probation and possible, eventual disenrollment. Behaviors deemed dangerous to the student, dangerous to other students, clients, patients, or faculty will also be cause for the faculty to recommend disenrollment and could lead to eventual dismissal from the university. See the SHRS Student Handbook for procedures of probation and disenrollment.

i. Student Options

Direct Admission
The Health Sciences program in the School of Health and Rehabilitation Sciences offers direct admission into the major for students that are participating in OSU’s Honors or Scholars programs. These students do not have to complete the Health Sciences application process through professional admissions. Once admitted, students must complete all pre-requisite coursework with a C- or higher prior to starting the professional coursework. Traditionally pre-requisite coursework is taken during the first 2 years at OSU. Students who do not complete pre-requisite coursework must postpone the professional program until all 10 pre-requisites have been completed with a C- or higher. This may add time to degree completion.

Students who wish to be directly admitted into the Health Sciences program must meet one of the two following criteria:

3. New first semester freshman who have been selected for the Honors or Scholars program.
4. Current OSU students who are active in Honors or Scholars program AND have a GPA of 3.0 or higher.

Directly admitted first year students must maintain a 2.2 cumulative GPA by the end of their first year in order to stay in the major. If a first year student does not meet this standard by the end of their first year they will be changed to pre-health sciences. They can be readmitted into the major one of two ways:

3. Achieve a 3.0 and remain active in Honors or Scholars. They are now eligible again for direct admission into the major.
   *Please note- the requirements to remain in the Health Sciences major are lower than either the Honors or Scholars requirements.
4. Complete the traditional application process.

Students who are using the SHRS petition process, freshman forgiveness, or other university sponsored academic exception will be reviewed on a case by case basis.

Honors Opportunities
Health Sciences honors students are encouraged to learn and take advantage of the opportunities the Honors Program offers for a unique academic experience. Students should work with the advisor to explore options and determine if and how participation in the Honors Program would advance the student’s post baccalaureate career and/or graduate/professional school goals.

The Honors Program leading to “Graduation with Honors” requires the student to prepare and
implement a plan incorporating advanced coursework, scholarship, research, service, and leadership. The Honors Program leading to “Graduation with Research Distinction” requires the student to develop and implement an independent research project, or Honors Thesis, with help and guidance from a faculty advisory committee. The student will gain academic enrichment, accelerated learning, research opportunities, contact with faculty and appropriate recognition for advanced work.

For more information regarding honors visit medicine.osu.edu/hrs/current-ohio-state-students/honors-opportunities/pages/index.aspx

**Study Abroad**

Some students may have an interest in study abroad. This is to be arranged by the student. The student should contact the OSU Office of International Affairs – Study Abroad Office to evaluate courses offered abroad. In addition, the student should notify the advisor of their plans and determine how study abroad will impact their course of study and completion of the Health Sciences Program. If a student chooses to study abroad in a semester other than May term or summer, it will most likely delay progress in the program that may be up to one year. For more information on study abroad programs, visit the Office of International Affairs in 300 Oxley Hall.