# OHIO STATE DEPARTMENT OF EMERGENCY MEDICINE RESIDENCY WELLNESS TREE

# CRITICAL INCIDENT STRESS MANAGEMENT (CISM)

Contact Ken Yeager: 614-293-9648 Coping techniques for people working in high-stress environments

#### PARENTAL, FAMILY AND BEREAVEMENT LEAVE hr.osu.edu/benefits/familymedical-leave/

OHIO STATE EMPLOYEE BENEFITS hr.osu.edu/benefits

#### **GME SUCCESS COACH**

Mary Held, MA, RCC 614-855-7118 mary.held@osumc.edu

## OHIO STATE GME PARENTS

GMEParents@osumc.edu Help juggling demands of training and parenthood

## DEPARTMENT OF CHAPLAINCY AND CLINICAL PASTORAL CARE A chaplain is on call 24

A chaplain is on call 24 hours a day and can be reached through the hospital operator (3-5000)

EMPLOYEE ASSISTANCE PROGRAM (EAP) osuhealthplan.com/OhioStateEAP 1-800-678-6265

## STRESS, TRAUMA AND RESILIENCE PROGRAM (STAR)

Addresses traumatic experiences before and after illness or injury. wexnermedical.osu.edu/STAR 614-293-7827 614-293-9436

# HEALTH SCIENCES LIBRARY hsl.osu.edu

Innovative resources to

# OHIO STATE RECREATION SPORTS

recsports.osu.edu Faculty and staff receive discounted memberships

#### BUCKEYE BABIES

osuhealthplan.com/members/buckeye-babies Free support to expectant parents from early pregnancy through delivery and postpartum

> EMPLOYEE HEALTH McCampbell Hall, 2nd floor 1581 Dodd Drive Columbus, OH 43210 614-293-8146

#### DENNIS LEARNING CENTER

Contact Sam Rowe: samuel.rowe.220@gmail.com Resource for students seeking to enhance their academic strategies and motivation

### support research, education and patient care

## NEUROPSYCHOLOGICAL ASSESSMENT

Neuropsychology Clinic: 614-293-9600 Comprehensive evaluations for adults with concerns about attention, memory and other neurocognitive abilities

### THE COMMITTEE FOR PRACTITIONER HEALTH Contact GME Office: 614-293-7326

Counseling referral and monitoring for medical staff

GRADUATE MEDICAL EDUCATION OFFICE – GENERAL OFFICE gme@osumc.edu 614-293-7326





