

# Nicole Chang

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**Hometown:** Chapel Hill, NC

**Undergrad:** UNC-Chapel Hill

**Medical School:** UNC-Chapel Hill

**Why OSU?**

I loved how supportive the people were at my interview day! Everyone genuinely wanted to help us get to the program where we wanted to be and find the things that we were looking for in a program. Everyone was so friendly and easy to get along with, and that has translated as I have started residency. The OSU/NCH med-peds program is one big family and someone always has your back!

**Career Plans:**

Med-peds hospitalist vs. nephrology, but also I still like everything and haven't eliminated anything including peds pulm!

**Hobbies:**

eating food, playing tennis, running, hiking, reading, grocery shopping, Netflix, hanging out with friends

**Favorite NCH/OSU Rotation:**

My favorite rotation in terms of medicine was probably OSU nights. My favorite rotation teams-wise was probably Peds Heme Onc

**Favorite Part of Columbus:**

Everything is so convenient and easy to access and there is so much to do! Lots of parks, food options, restaurants, and a variety of activities.

# Tori Charpentier

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**Hometown:** Stillwater, MN

**Undergrad:** University of Wisconsin-Madison

**Medical School:** University of Minnesota

**Why OSU?**

After my interview day with OSU/NCH, I found myself comparing every other program to this one. It checked every box in terms of quality of training, and I remember that I just had a really feeling about it. It was absolutely the people that I got to talk with on interview day that decided it for me.

**Career Plans:**

Very undifferentiated but maybe cardiology or primary care

**Hobbies:**

Being outside in any way whether it's going on a hike or sitting on my porch with my cat Rafa. I also love eating. And I am reading all of the Harry Potter books for the first time (gasp!).

**Favorite NCH/OSU Rotation:**

I have done 2 full rotations and I can honestly say although Gen Med 3 was like diving right into the deep end, I grew so much that month and learned a ton from my wonderful senior and attendings.

**Favorite Part of Columbus:**

I live in German Village which is the greatest neighborhood. The city itself feels tighter knit than your average big city which is really unique.



THE OHIO STATE UNIVERSITY

Internal Medicine/Pediatrics

PGY-2



# Maggie Holzworth

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**Hometown:** San Jose, CA

**Undergrad:** University of Florida (Go Gators!)

**Medical School:** University of Miami

**Why OSU?**

I loved everyone I met and really enjoyed the idea of being a part of a large program with a huge Med-Peds presence. It seems like everywhere you turn there's a Med-Peds trained person so the opportunities are endless. The program and people in it felt supportive and Columbus is a great place that felt like home when I came to visit. Basically, the program and people had all around great vibes

**Career Plans:**

Combined hospitalist

**Hobbies:**

Spending time with my dog and cat, reading books, watching bad reality TV, attempting to cook new things

**Favorite NCH/OSU Rotation:**

Probably MICU! Loved the complexity of the patients but it was a very controlled chaos and doing a few procedures here and there is always fun

**Favorite Part of Columbus:**

The food/ brewery/ farmers market scene here shocked me at how wonderful it is! All of the amenities of a big city without traffic and crazy prices? Can't beat it!



# Benjamin Jacob

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**Hometown:** Provo, UT

**Undergrad:** Brigham Young University

**Medical School:** UT Southwestern

**Why OSU?**

Two main factors: opportunity and camaraderie. OSU/NCH has a wide array of opportunities to deepen as well as expand your medical knowledge and practice. I am very impressed by the strong Med-Peds presence in diverse departments of the medical center. These rich resources for learning are only matched by the strong spirit of camaraderie amongst all trainees. Our categorical colleagues are incredible to work with and Med-Peds residents weave in and out of the categorical cohorts seamlessly, while also enjoying a robust and uplifting network of friends within Med-Peds. I've been taught, supported and inspired by the highest caliber people from my first day here.

**Career Plans:**

Dual Hospitalist, quality improvement, medical education

**Hobbies:**

Running, listening to classical music, neighborhood walks with my children

**Favorite NCH/OSU Rotation:**

Heme 1 - a mix of general medicine and hematologic malignancies with a dedicated emphasis on practicing patient-centered care.

**Favorite Part of Columbus:**

Metroparks, Mikey's Late Night Slice, Jeni's Ice Cream





# Thomas Mason

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**Hometown:** Alliance, OH

**Undergrad:** University of Mount Union

**Medical School:** OSU

**Why OSU?**

During medical school, I had the unique chance to work with many of the Med-Peds residents and faculty members at OSU/NCH. My experiences were quite positive across the board because the program here values both world class training and the humanity of the patient and the learner. So, staying here just felt like the right thing because I felt like I had found my people!

**Career Plans:**

Undecided, but something involving both adult and pediatric populations. I have liked aspects of primary care, cardiology, and infectious disease. I also really enjoying working with underserved populations.

**Hobbies:**

Backpacking, Running, Playing Basketball, Traveling

**Favorite NCH/OSU Rotation:**

Heart 1

**Favorite Part of Columbus:**

Columbus is a big city that makes a small town kid feel at home. While there's many great things about the city, my personal favorite is German Village! Enjoying a Staufs coffee while walking around Schiller Park or visiting the Book Loft is a one of a kind experience.

# Eleftheria Matsa

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**Hometown:** Rockbridge and Worthington, OH

**Undergrad:** The Ohio State University

**Medical School:** The Ohio State University

**Why OSU?**

Staying at OSU/NCH for residency--even after having already completed my undergraduate and medical degrees at OSU--was a no brainer. Knowing the Med Peds faculty at OSU/NCH, witnessing the world class caliber of both institutions, and experiencing the camaraderie and teamwork of the healthcare providers throughout both the categorical and combined programs made it the easiest choice in the world to want to stay. Also, the Med Peds program here consistently attracts really wonderful physicians. I'm pretty sure my co-interns are some of the nicest, coolest people I've ever met, and going through residency with anyone else already seems impossible.

**Career Plans:**

Primary care, with a medico-legal and/or pediatric legislative advocacy component. One day I also plan to establish a patient-centered medical home and free children's clinic in southern Ohio, so as to bring higher quality medical care to some of the underserved populations in that region.

**Hobbies:**

Hiking / backpacking, reading / adding to my ever-expanding library, and planning my next vacation. Also, testing new recipes (because I firmly believe that life is always better with snacks)!

**Favorite NCH/OSU Rotation:**

Our longitudinal South High primary care clinic is my favorite clinical experience. As for month long rotations, I really enjoyed the acuity and learning on MICU nights.

**Favorite Part of Columbus:**

Columbus has a lot of the benefits of a growing metropolitan city while still maintaining a Midwestern feel. There's something for everyone, whether going to festivals, concerts, sporting events, new restaurants, metro parks, or breweries. Even though more and more people are calling Columbus home, everyone is still very friendly and welcoming (and other drivers will always let you merge into the highway lane you need!)



# Grant Robertson

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**Hometown:** Wheeling, WV

**Undergrad:** West Virginia University

**Medical School:** West Virginia University

**Why OSU?**

The biggest reason for me was seeing not only how well all of the residents knew each other and got along during the pre-interview social, but also how well the program and assistant program directors knew all of the residents. Even through Zoom you could tell that everyone in this program was truly close to one another, and since day one of residency here it has felt like I have joined a big, supportive family!

**Career Plans:**

I am currently considering either Allergy and Immunology or Rheumatology as possible career options. I want to be involved in medical education no matter what path I follow!

**Hobbies:**

Playing video games, playing soccer and basketball, hiking, watching football, reading (especially anything sci-fi/fantasy), watching movies, and trying new breweries

**Favorite NCH/OSU Rotation:**

Playing video games, playing soccer and basketball, hiking, watching football, reading (especially anything sci-fi/fantasy), watching movies, and trying new breweries

**Favorite Part of Columbus:**

I really enjoy all of the different sports teams that are here in Columbus. Going to Columbus Crew and Columbus Blue Jackets games have been some of my favorite activities so far (still need to make it to an OSU Football game though)!

# Caroline Skulski

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**Hometown:** Indianapolis, IN

**Undergrad:** Notre Dame

**Medical School:** University of Cincinnati

**Why OSU?**

I knew I wanted to be a part of a large program with a strong med-peds presence for the sake of professional development, but I also wanted a program where I could tell people actually spent time together outside of work. On interview day, I was impressed that even over zoom, I could tell the residents were friends.

**Career Plans:**

Interested in combined hospital medicine, and sometimes intensive care/cardiology - stay tuned

**Hobbies:**

Peloton, my puppy Goose, gardening

**Favorite NCH/OSU Rotation:**

Block 13 OSU gen med nights were a great learning opportunity made all the better by an awesome night crew. On nights for both sides you have so many awesome chances to really own your patient care and handle acuity.

**Favorite Part of Columbus:**

Columbus has the restaurants/bars/concerts I'd expect in a city, then with the excitement of a college town, and somehow none of the traffic I'd associate with either? Also, so far, Pride was one of my favorite weekends!





## Josh Spegman

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**Hometown:** Tucson, AZ (representing the dirty T)

**Undergrad:** Lewis and Clark College in Portland OR

**Medical School:** Mayo Clinic AZ campus

**Why OSU?**

Love the widespread med-peds presence on both campuses and how med-peds residents will go out of their way to visit each other on rotations and in general just have each others backs

**Career Plans:**

leaning more peds cards -> adult congenital but in typical med peds fashion not ready to commit

**Hobbies:**

Volleyball, running, biking, swimming, all to fuel my actual hobby which is eating

**Favorite NCH/OSU Rotation:**

Heart 1 baby 🍼 it's a good mix of acuity and pathology with a dedicated team of educators and I felt like I learned a ton

**Favorite Part of Columbus:**

I love how bike-able the city is. So many cute bike boulevards and neat neighborhoods plus miles of bike path along the rivers.



## Samuel Stanley

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**Hometown:** Dayton, OH

**Undergrad:** University of Alabama (Roll Tide!)

**Medical School:** Case Western Reserve University

**Why OSU?**

I was looking for a program where Med-Peds was a well established feature on the wards, not a side show. The size of OSU/NCH ensures that Med-Peds residents are integral parts of both programs while the sheer number of Med-Peds grads who stay on as attendings creates a particularly robust training culture for our specialty. That OSU/NCH also offered two world class hospitals and people that I would want to spend time with outside of work sealed the deal for me.

**Career Plans:**

Dual hospitalist or dual ID fellowship, quality improvement, and medical education

**Hobbies:**

Playing board games, bingeing bad movies, trying out new restaurants, and figuring out new recipes. Baldur's Gate 3 has consumed my life.

**Favorite NCH/OSU Rotation:**

Night Float on either side. They're great training in terms of autonomy and having an excuse to eat biscuits and gravy at 03:00 is a perk!

**Favorite Part of Columbus:**

Great brunch scene, constant rotation of local events, and a couple of top tier friendly local game stores.

