



Ohio State Harding Hospital



Celebrating a
CENTURY

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Today we celebrate Ohio State Harding Hospital and its 100th anniversary of providing personalized, compassionate and evidence-based care that promotes better mental and behavioral health for individuals and our community.



CENTENNIAL CELEBRATION

THURSDAY, SEPTEMBER 1, 2016

Biomedical Research Tower, Room 115

go.osu.edu/Harding100

Centennial Presentation and Reception

5 – 5:15 p.m.	Refreshments
5:15 – 5:20 p.m.	<p>Welcome David McQuaid, FACHE <i>Chief Operating Officer, OSU Wexner Medical Center</i> <i>Chief Executive Officer, OSU Health System</i></p>
5:20 – 5:30 p.m.	<p>Harding Hospital's role in the Neurological Institute Amanda Lucas, MEd, MBA <i>Executive Director of Clinical Operations,</i> <i>Neurological Institute</i></p>
5:30 – 5:50 p.m.	<p>KEYNOTE: The Psychiatric Hospital and the Academic Medical Center Dr. John Oldham</p>
5:50 – 6:45 p.m.	<p>PANEL DISCUSSION: Psychiatric Hospitals and Academic Medical Centers Moderator: Dr. Richard Harding Discussants: Dr. George Harding, Dr. Walter Menninger, Dr. John Oldham, Dr. SR Thorward</p>
6:45 – 7 p.m.	<p>Future of Psychiatry and Harding Hospital Dr. John Campo</p>
7 – 8 p.m.	Reception

SEPT 2

Historical Marker Dedication

10:30 a.m.

Harding House, 430 E. Dublin Granville Road, Worthington, OH 43085

SEPT 3

Heritage Celebration

9 a.m. and 11:30 a.m.

Worthington Seventh-Day Adventist Church, 385 E. Dublin Granville Road, Worthington, OH 43085

SPEAKERS



John Campo, MD
 Chair, Department of
 Psychiatry and Behavioral
 Health, Ohio State
 University Wexner Medical
 Center
 Professor of Clinical
 Psychiatry, Ohio State
 Wexner Medical Center



**George Harding IV,
 MD**
 Chair, Harding Heritage
 Foundation
 Professor of Psychiatry,
 Loma Linda University



**Richard K. Harding,
 MD**
 Professor, Department
 of Neuropsychiatry and
 Behavioral Science,
 University of South Carolina
 School of Medicine



**W. Walter Menninger,
 MD**
 Past CEO, The Menninger
 Clinic
 Past Chief of Staff, The
 Menninger Clinic
 Past Dean, Menninger
 School of Psychiatry



John Oldham, MD, MS
 Professor, Menninger
 Department of Psychiatry
 and Behavioral Sciences
 Baylor College of Medicine
 Past Senior Vice President
 and Chief of Staff, The
 Menninger Clinic
 Past President, American
 Psychiatric Association



**Sul Ross "SR"
 Thorward, MD**
 Clinical Director Behavioral
 Health, Southeast Alaska
 Regional Healthcare
 Consortium

THE HISTORY

Reflect on the history of when Harding Hospital first opened its doors in 1916 and how Ohio State and Harding Hospital have joined to contribute to American psychiatry.

1847

Samuel M. Smith, MD, is appointed as first Chair of the Department of Psychiatry at Willoughby Medical College of Columbus.

1848

Willoughby Medical College becomes Starling Medical College.

1904

George Harding II, MD, becomes the first of several psychiatrists to hold a faculty appointment at Ohio State or one of its predecessor schools.

1907



Starling Medical College, having previously absorbed Columbus Medical College in 1892, merges with Ohio Medical University to become Starling-Ohio Medical College.

1909

The Department of Psychiatry at Starling-Ohio Medical College is the first to use the word 'psychiatry' as an official designation.

1914

Starling-Ohio Medical College becomes the College of Medicine at The Ohio State University.



1916-1925

1916



Dr. George Harding II opens Indianola Rest Home on 18th Avenue in Columbus with six female patients.

1918

Dr. Harding moves the facility to the Hartman Farms, South of Columbus. He changes the name to the Columbus Rural Rest Home, which provided capacity for the care of 21 patients, both men and women.



1919



A 50 acre estate in Worthington is purchased by the Sanitarium Realty Company, with stock investments made by Dr. Harding II, associates, colleagues, family and friends.



Dr. A. B. Olsen, George T. Harding II, George T. Harding Sr., President Warren G. Harding, Howard Potter, Worthington Chamber of Commerce President, W. W. Williams, Kiwanis Club President

1920

On August 11, Warren G. Harding, the 1920 Republican presidential nominee, and soon to be 19th President of the United States, gives a speech on the front porch of the campus central building. The sanitarium staff and families, members of the Worthington Chamber of Commerce, and the Columbus Kiwanis Club attend this special event. Daniel K. Nicola joins the staff as business manager and served until 1946.



1929

Harding Hospital treatment is individualized in collaboration with the patient and his or her physician. A proscribed program of exercise, adequate rest, hydrotherapy and vegetarian nutrition is offered with daily meetings. Psychotherapy is emphasized along with spiritual support if requested by the patient.

1934

Dr. George Harding II dies. The Columbus Rural Rest Home is renamed the Harding Sanitarium and later will become Harding Hospital.



1936

With the added energy provided by brother-in-law, Harrison S. Evans, MD, a post-graduate training program in psychiatry for physicians was started. Harding Hospital is the first psychiatry residency in Central Ohio to be accredited.

Harding Hospital is one of the first clinics to administer insulin-induced convulsive treatment.

1936-1945

1941

Harding Hospital purchases first Electroconvulsive Therapy (ECT) machine in central Ohio.



1946

With the end of World War II there was a new emphasis on education, research and innovations in psychiatric treatment. The Department of Neurology and Psychiatry at The Ohio State University College of Medicine is formed. Ohio State obtains the first electroencephalography (EEG) machine in central Ohio.

1948

Research programs are implemented to study insulin shock treatment and electroconvulsive therapy. Medications for psychiatric disorders are introduced to help stabilize mental patients and enable them to better enter into and respond to psychiatric treatment.



1949

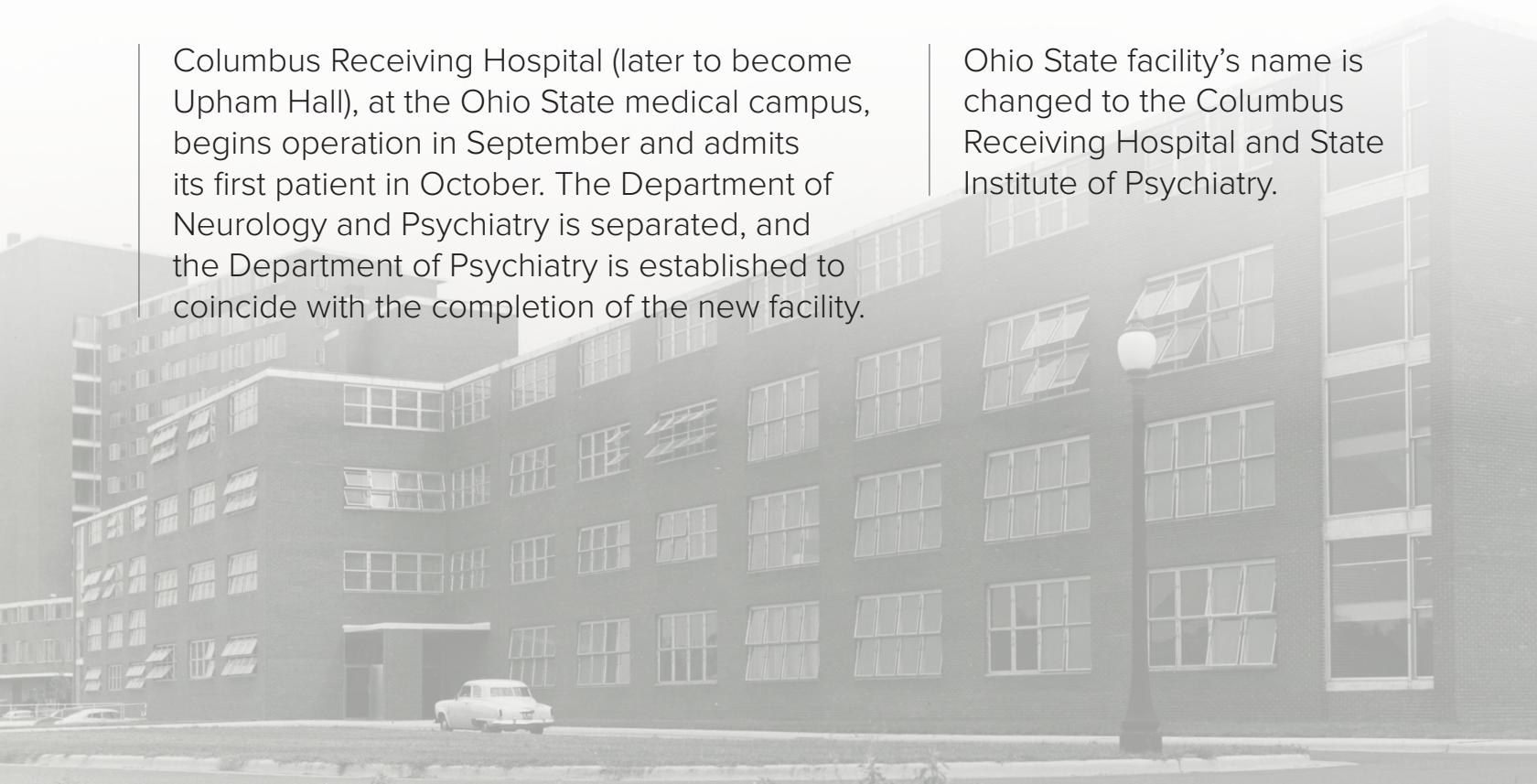
The Ohio State Department of Neurology and Psychiatry obtains a teaching grant from the U.S. Public Health Service to provide training of medical students in clinical psychiatry, the first such grant given to the College of Medicine.

1951

Columbus Receiving Hospital (later to become Upham Hall), at the Ohio State medical campus, begins operation in September and admits its first patient in October. The Department of Neurology and Psychiatry is separated, and the Department of Psychiatry is established to coincide with the completion of the new facility.

1955

Ohio State facility's name is changed to the Columbus Receiving Hospital and State Institute of Psychiatry.



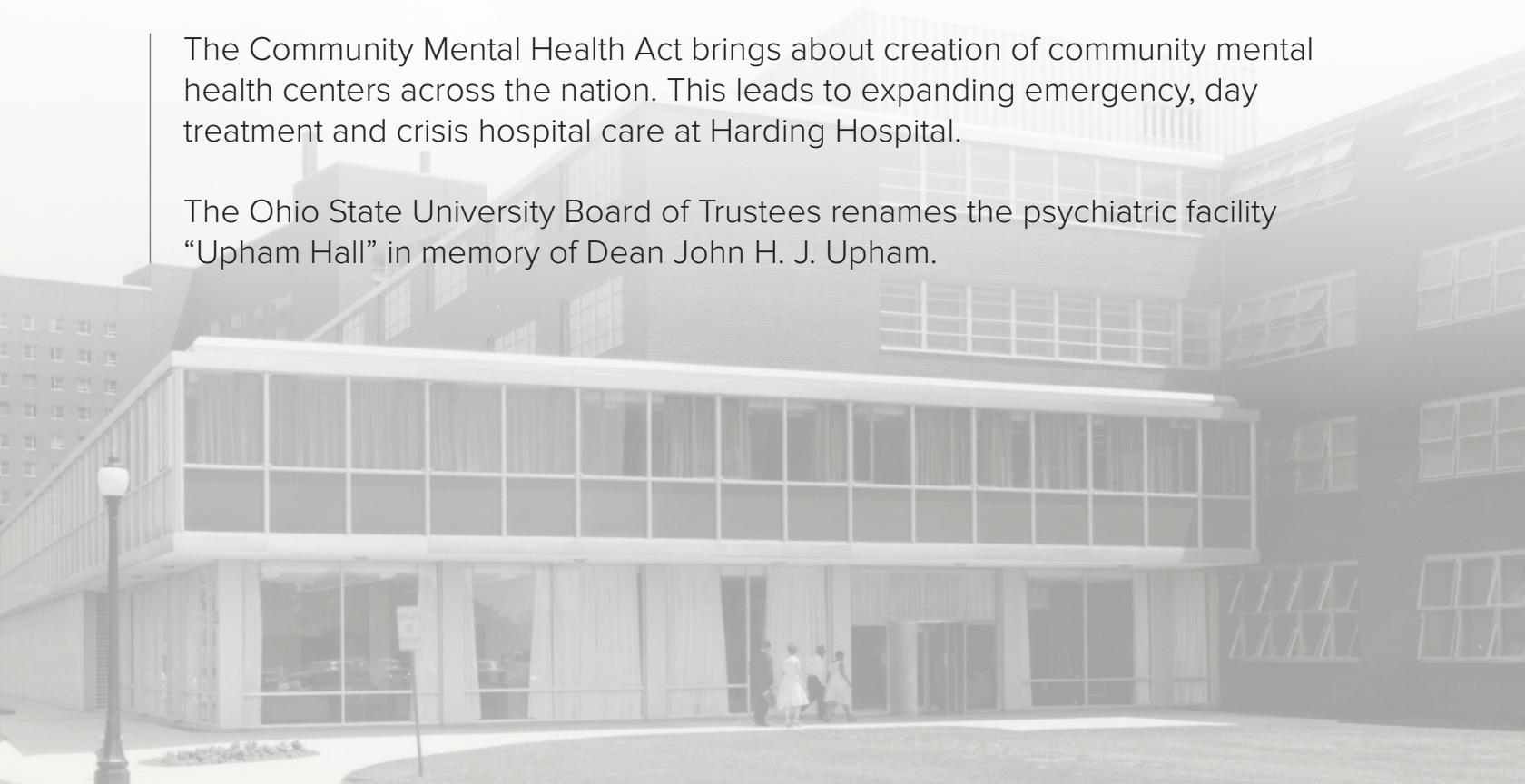
1957

The name of Columbus Receiving Hospital and State Institute of Psychiatry is changed to the Columbus Psychiatric Institute and Hospital.

1963

The Community Mental Health Act brings about creation of community mental health centers across the nation. This leads to expanding emergency, day treatment and crisis hospital care at Harding Hospital.

The Ohio State University Board of Trustees renames the psychiatric facility “Upham Hall” in memory of Dean John H. J. Upham.



1966

A formal teaching affiliation is established between Harding Hospital and The Ohio State University, enabling Harding residents to rotate through University Hospital services and attend lectures at Upham Hall taught by Ohio State faculty.

1966-1974

1967

The Division of Child Psychiatry is created at Ohio State, patient rooms in Upham Hall remodeled for use as an outpatient child psychiatry clinic, and a liaison program with Children's Hospital (now Nationwide Children's Hospital) is established. R. Dean Coddington, MD is the first director.



1969

Department Chair Ian Gregory, MD and OSU Residency Director Rudolf Kaelbing, MD develop a comprehensive, multi-choice evaluation test for Ohio State and Harding residents that sets the standard for evaluating psychiatric trainees. Utilization of this examination, known as the PRITE, grew nationally and in 1975 the PRITE exam is acquired by the American College of Psychiatrists and made available to all medical schools in the United States. It remains an important educational tool.

1973

George T. Harding IV, MD is appointed Medical Director and CEO of Harding Hospital.

1976



Harding Hospital begins 3-year renovation project in Worthington resulting in seven new buildings, including 2 new adolescent units, a campus center, administration and dietary facility, creative arts building, school and service facility.

1989

Harding Hospital adds services for addictions, adult inpatients, geriatric inpatients, psychiatric emergencies, and eating disorders.

1994



Harding Hospital and The Ohio State University Medical Center merge residency training programs.

Ohio State opens a new \$15 million Neuro-psychiatric Facility housing state of the art clinical, educational, and research programs. S. R. Thorward, MD is appointed Harding Hospital's Medical Director and CEO.



1995

A joint venture agreement is reached between Harding Hospital and The Ohio State University Medical Center. The agreement creates a single management structure for clinical, administrative, academic and managed care contracting efforts. It allows both organizations to work together to provide a continuum of mental health services to benefit patients, payers and the community. Reed Fraley is named CEO and S. R. Thorward, MD, becomes COO of the new entity.

1998



Harding Hospital and The Ohio State University Medical Center complete formation of a joint board. Chair of the board is Nancy Jeffrey with Peter Frenzer serving as vice chair. Other board members included Dr. Peter Bath, Shirley D. Bowser, Dr. George Harding IV, Dr. Bernadine Healy, Dr. Grayce Sills and Dale Twomley.

1999



Ohio State University and Harding Hospital unite their services and move the Harding facility from Worthington to the OSU campus. On Nov. 1, Harding employees become Ohio State employees at the Neurosciences Facility, 1670 Upham Drive. Tim Moore is the first administrator.

2000

Ohio State Harding Hospital's inpatient service continues to grow to become the leader in the Columbus area and is the only program in central Ohio to offer child, adolescent and geriatric inpatient services.

2008

The Stress, Trauma and Resilience (STAR) Program is founded at Ohio State Harding Hospital to improve the recognition and management of traumatic stress and foster resilience.

2012

The Ohio State University Wexner Medical Center Neurological Institute integrates the departments of Neuroscience, Neurology, Neurological Surgery, Psychiatry and Behavioral Health and Physical Medicine and Rehabilitation into a single, united program.

2014

Ohio State Department of Psychiatry changes its name to Psychiatry and Behavioral Health in recognition of the interdisciplinary nature of clinical care, education and research in behavioral health.

Ohio State STAR Program, in partnership with The Ohio Department of Mental Health and Addiction Services, host the inaugural Suicide Prevention Conference. This statewide symposium focuses on strategies, advancements and outcomes regarding suicide prevention.

2015

Establishment of a psychology internship and specialized training program for psychiatric social workers.

Post-graduate medical training opportunities include a general psychiatry residency program and fellowships in child and adolescent psychiatry, forensic psychiatry, neuropsychiatry, and psychosomatic medicine.

2016

Ambulatory services expand to new Outpatient Care Upper Arlington facility including a specialized women's behavioral health program. In September, the Ohio State University Wexner Medical Center and Harding Hospital celebrate the 100th anniversary of Harding Hospital's founding.



FUTURE OF HARDING

- Statewide and national preeminence in behavioral health service delivery, education, and research
- Centers of excellence devoted to psychological trauma, disorders of mood and emotion, early onset psychosis, and addictions
- Continued growth in clinical neurotherapeutics
- Commitment to making suicide a “never event”

THE CHAIRS



1946-1951

Dwight M. Palmer, MD



1951-1965

Ralph M. Patterson, MD



1965-1985

Ian Gregory, MD



1985-1997

Henry A. Nasrallah, MD



1997-2000

Robert Bornstein, PhD



2000-2012

Radu V. Saveanu, MD



2012 - Today

John Campo, MD

THE MEMORIES

“Working at the Harding campus in Worthington was like working in a “park” setting. From the nesting hawks to the scampering squirrels, the calmness of the campus made an impact on you as soon as you set foot on campus!”

- MaryJo Lee

“I will always know, to the day, how long we have occupied our current Harding Hospital (minus the steampipe burst days when we were evacuated...) --I went into labor at 4 p.m. the day before the move, and I will be forever grateful to my now 22 ½ year old son for getting me out of the move --he was born just hours before the furniture and boxes all moved over to our current location!”

- Mary Fristad, PhD

“One of the most important influences in my professional life was provided by Dr. Jim Lantz, a social work professor at Ohio State. He taught a very well respected class on marriage and family therapy at Harding [Hospital]. Early in my career, I remember trekking over to Harding for the class. You had to park off campus, and then walk over, and the transition from being hurried and rushed; to being thoughtful and focused began as you walked across the beautifully landscaped campus. He taught the class in an experiential way. I learned so much from him, mainly to recognize my own bias, and to question my assumptions. He focused on validating the patient, and I learned about nonverbal ways to offer validation.

My autographed copies of his work, Meaning Centered Marital and Family Therapy, and Social Work Treatment (he authored the fifth chapter “Cognitive Theory and Social Work Practice”) remains on my office shelf.”

- Marybeth McDonald, LISW/S

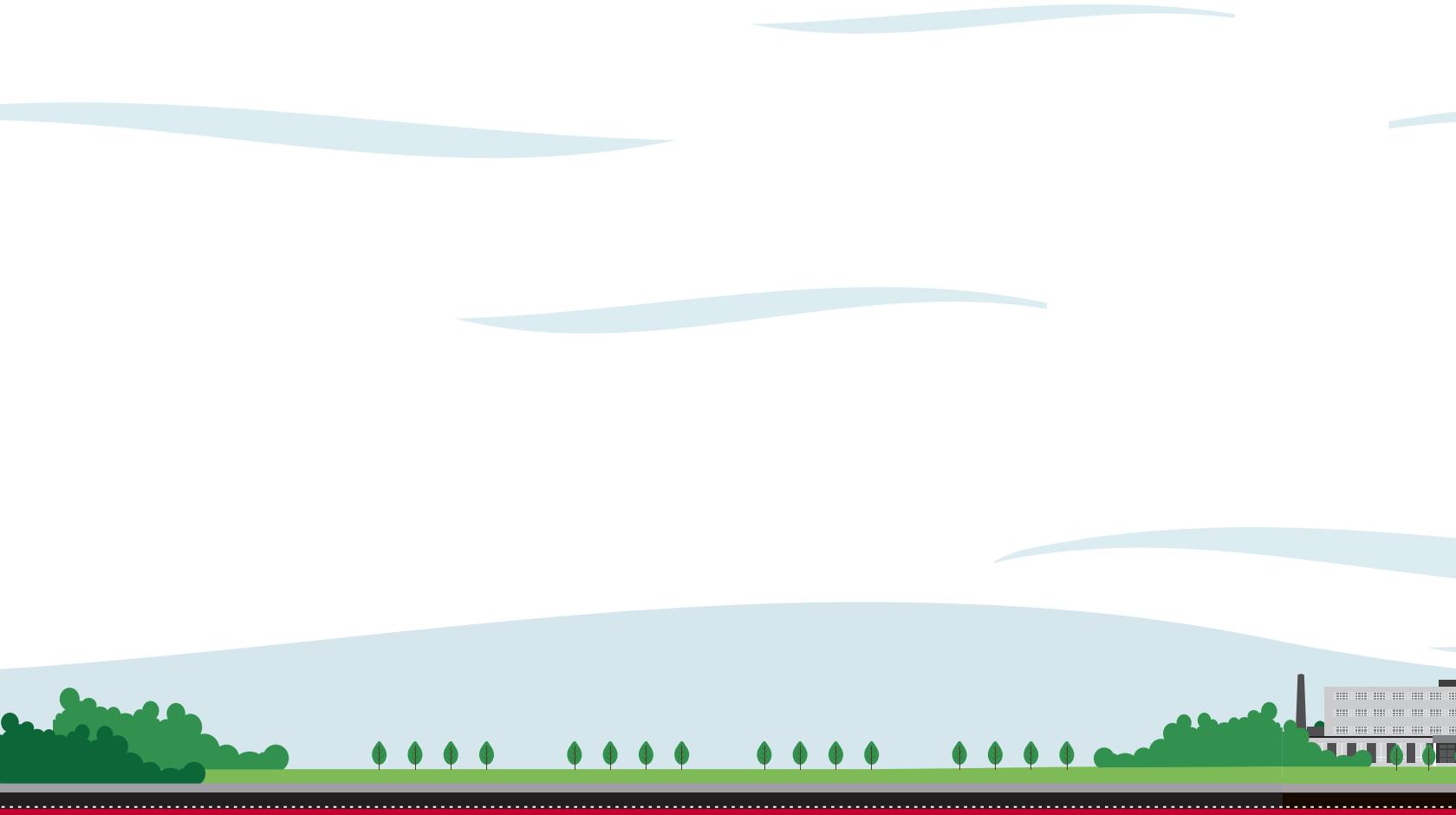


THE OHIO STATE UNIVERSITY

WEXNER MEDICAL CENTER

The Department of Psychiatry and Behavioral Health and Harding Hospital a part of the The Ohio State University Wexner Medical Center Neurological Institute. The institute features 180 researchers and clinicians collaborating in neurology, neurosurgery, physical medicine and rehabilitation, psychiatry and neuroscience research to create better methods of prevention, detection and treatment for patients.

wexnermedical.osu.edu/neurologicalinstitute



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