

In acknowledgement of the Oslerism that “(one) who studies medicine without books sails an uncharted sea...,” didactics and seminars are prioritized and protected on Wednesdays. In the first two postgraduate years, we emphasize foundational knowledge by way of three longitudinal sequences.

- One, “Mechanisms” focuses on neurobiological underpinnings of psychopathology across the lifespan, brain-behavior relationships, and medical etiopathogenesis.
- The second, “Therapeutics,” introduces psychopharmacologic and psychotherapeutic interventions.
- And the third, “Theory & Praxis” addresses more conceptual topics, such as our history and nosology, as well as more practical aspects of the clinical encounter—interviewing, record-keeping, and delivering evidence-based psychotherapeutic interventions, in specific.

In the third and fourth postgraduate years, there is a greater emphasis on outpatient clinical work and transition from residency to life as a fellow or faculty member. Accordingly, we hold advanced seminars on research methods, psychopharmacology (with particular focus on treatment refractoriness and critical appraisal of the literature), psychotherapeutic modalities, and a number of clinical subspecialties (including Neuropsychiatry, Addiction, Women’s Mental Health, and Forensics).

In addition, we have journal clubs, case conferences, Grand Rounds and seminars on diversity and culture, wellness and resiliency, ethics, and physician practice and professional development. We invite you to view our sample curriculum.

PGY 1

	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun
Therapeutics	Intro to Psychopharmacology								Intro Psychotherapy		CBT Theory	
Mechanisms	Adult Psychopathology, Epidemiology, and Phenomenology						Development & Child Psychopathology				Geriatric Psychiatry	
Theory & Praxis	DSM							Interviewing and Record-Keeping				
Longitudinal Curriculum*	Culture & Diversity, Wellness & Resiliency, Ethics, Quality Care, Physician Practice & Professional Development											

PGY 2

	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun
Therapeutics	Introduction to C/A Psychotherapy			Introduction to Psychodynamic Psychotherapy			Advanced Psychopharmacology					
Mechanisms	Brain & Behavior						Etiopathogenic Differential Diagnosis					
Theory & Praxis	DSM						History of Psychiatry			CBT Practice		
Longitudinal Curriculum	Culture & Diversity, Wellness & Resiliency, Ethics, Quality Care, Physician Practice & Professional Development											

PGY 3

Advanced Psychopharmacology
 Psychodynamic Seminar
 Psychodynamic Formulation
 Advanced Psychotherapies: Group, Cognitive- and Dialectical Behavioral Therapies
 Neurobehavioral Seminar Series
 Forensic, Addiction Psychiatry
 Women's Behavioral Health
 Research Methodology

PGY 4

ABPN Board Preparation

Neurotherapeutics

Multi-perspective Case Formulation

ABCD's of Practice: Auditing, Billing, Coding & Documentation

Resilient Leadership

Preparing for Professional Life

Quality Improvement

Psychopharmacology Journal Club

Forensic Psychiatry

Women's Behavioral Health