

Functional Neurological Disorder: We've probably already met, but let me reintroduce myself.

Date: September 21, 2023 12:00-1:30 pm

Presented by:

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Course Description: The concept of mind, body and impact of stressors has long been documented in medical history. Functional Neurological Disorders have been studied for many centuries, but often misunderstood and misrepresented in the medical field. While the current definition of Functional Neurological Disorder (FND) may lead you to believe a diagnosis that is solely neurologic or psychiatric in nature, the impact of this condition can benefit from the integrative approach of the rehabilitation setting. FND may present with sub-types ranging from impairments in movement, sensory, speech, activity tolerance, seizure-like activity, among others. These impairments can range from mild to severe cases limiting many essential functions of the human body, as well as veering from the expected recovery trajectory of symptoms.

Rehabilitation recovery focuses on promoting functional daily activities, participation in occupational or social roles, and regulation of psychological and bodily experiences. While some patients may not initially meet the diagnostic criteria to receive a confirmed diagnosis of FND, it is essential for all rehab providers to have, at minimum, the ability to recognize potential symptoms and considerations to other barriers impacting their expected recovery. The intent of this course is not to make you an expert in FND, but help you better recognize signs and symptoms in any rehab setting that may impact your treatment plan or indicate need for referral.

Learning Objectives- after this course participants will be able to:

- 1. Identify positive clinical signs of FND
- 2. Discuss motor learning principles to consider for all interventions throughout the continuum of care when working with athletes
- 3. Recognize athletes with FND and those with associated presentations/tendencies
- 4. Implement foundational interventions and know when to refer to specialists for athletes with FND

Cost: Free for OSU Wexner Medical Center Employees Location: Virtual Synchronous Teams Presentation

Accreditation: Approved for 1.5-hour CAT A CE from BOC https://medicine.osu.edu/departments/sports- medicine/education/medical-professionals

Attendance and Cancellation: This course is a private course and is free for Ohio State Wexner Medical Center Employees. Continuing education credit will be awarded to employees only. In the event of meetingcancellation, an email will be sent to those on the email list. For questions or to register, email Karlyn.botzman@osumc.edu

Non-Discrimination: The Ohio State University Wexner Medical Center does not discriminate on the basis ofrace, color, national origin, religion, sex, disability, military status, sexual orientation or age. The Ohio State University Wexner Medical Center is committed to accessibility and non-discrimination in all aspects of its continuing education activities. Participants who have special needs are encouraged to contact program organizers so that all reasonable efforts to accommodate these needs can be made.

This program has been planned and implemented in accordance with the requirements and policies of the Board of Certification for the Athletic Trainer (BOC) through the joint sponsorship of Ohio State University Sports Medicine. Ohio State University Sports Medicine is approved by the BOC to provide continuing education for Athletic Trainers, provider #P647



