## **OWL Symposium**

## Agenda

8 – 8:30 a.m. **REGISTRATION AND COFFEE** 

8:30 – 8:40 a.m. **OPENING REMARKS** 

Courtney Collins, MD

8:40 – 9 a.m. **HISTORY** 

Kelly Haisley, MD

9 – 9:30 a.m. MICROAGRESSIONS AND BIASES

Tips and Tricks on how to deal with biases in yourself, your patients and

your peers
Maria Altieri, MD

9:30 – 10 a.m. PANEL: Microaggressions

10 – 10:15 a.m. **BREAK** 

10:15 – 10:45 a.m. **MENTORSHIP AND NETWORKING** 

How to advance yourself and become famous / getting people on your

side / how to be a good mentee

Dejah Judelson, MD

10:45 – 11 a.m. **Q&A** 

11:00 – 11:45 a.m. **NEGOTIATION** 

Advocating for yourself as a URM and "staying true"

Tracy Dumas, PhD

11:45 a.m. - 12 p.m. **Q&A** 

12 – 1 p.m. **LUNCH** 

1 – 2 p.m. **INTERACTIVE ACTIVITY SMALL GROUP** 

**SESSIONS** (not live streamed)

1. Getting into medical school/residency

2. Responding to biases

3. Negotiation skills / Selling yourself/ building

your brand

4. Teambuilding



2 – 2:30 p.m. **DIVERSITY RESEARCH** 

"Where we are and how we do it"

Bridget Oppong, MD

2:30 – 3 p.m. **RESILIENCY AND MENTAL HEALTH** 

"How to be a unicorn" Courtney Collins, MD

3 - 3:30 p.m. **MENTAL HEALTH PANEL** 

3:30 – 4 p.m. **CLOSING** 

"How to change a culture"

Joon Shim, MD

4 p.m. CLOSING REMARKS/QUESTIONS

4 – 5 p.m. **HAPPY HOUR AND NETWORKING** 

