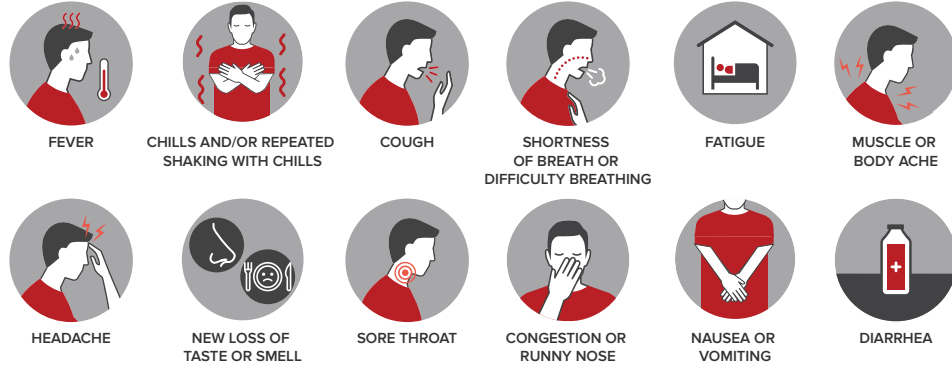


What should I do if I have symptoms or exposure to COVID-19?

EXPERIENCING SYMPTOMS

COVID-19 SYMPTOMS



Symptoms may appear 2-14 days after exposure and are a change from an explainable "normal" (for example, seasonal allergies or an existing, lingering cough).

Stay home

- Don't go into work
- Avoid spreading virus to others

Separate yourself from others

- Stay in a separate room at home
- Use separate bathroom if possible

Contact your primary care provider or COVID-19 Call Center at 614-293-4000 for testing

If tested for COVID-19 at the Ohio State Wexner Medical Center

- **Positive results:** You will receive a call from an Ohio State provider before posting to MyChart
- **Negative results** will be shared via MyChart

Follow ill call-off procedures

- If you are being tested, notify your manager.
- Don't go to work while test results are pending.

IF POSITIVE COVID-19 TEST RESULTS

Stay home

- Don't go into work
- Avoid spreading virus to others

Separate yourself from others

- Avoid close contact
- Self-monitor for symptoms

Notify manager

Wash your hands often with soap and water or use hand sanitizer

Cover your mouth and nose with a tissue or sleeve when you sneeze or cough

Clean and disinfect "high-touch" surfaces

Return to work only after receiving clearance from Employee Health Services and/or your local health department

IF NEGATIVE COVID-19 TEST RESULTS

Notify manager

Return to work only if you are fever-free for 24 hours without use of fever-reducing medication and/or see a significant reduction in symptoms.

NO SYMPTOMS WITH COMMUNITY OR AT HOME EXPOSURE TO COVID-19

IF EMPLOYEE HAS CLOSE AND PROLONGED EXPOSURE TO HOUSEHOLD MEMBER OR CLOSE FAMILY/FRIEND NOT LIVING IN HOUSEHOLD WITH COVID-19, COVID SYMPTOMS OR PENDING TEST RESULTS

Employee should stay home

- Until household test results are known

Employee notify manager, follow ill call-off procedures

IF HOUSEHOLD/CLOSE CONTACT WITH POSITIVE COVID-19 TEST RESULTS

Employee must stay home for at least 14 days

- If household/close contact has positive COVID-19 test results or a clinical diagnosis by a primary care provider
- Please see the [CDC guidance](#) with explanations on four different types of close contact scenarios

Employee and all family members should monitor for symptoms for 14 days

- If employee develops symptoms, contact your primary care provider or COVID-19 Call Center 614-293-4000 for testing

Asymptomatic employee can return to work

- 14 days from the last close contact
- OR if all household members are positive for COVID the employee can return to work once the employee is cleared

IF HOUSEHOLD CONTACT WITH NEGATIVE COVID-19 TEST RESULTS

Employee can return to work

- Only after household contact has negative COVID-19 test results and employee has no symptoms