

**Longitudinal Group PHYSICAL EXAM CHECKLIST-Week 37
CARDIOPULMONARY BLOCK**

INSTRUCTIONS: For the next items, indicate whether the student omitted the maneuver, performed it incorrectly or correctly.

VITAL SIGNS/GENERAL	Omitted	Incorrectly	Correctly
Noted general state of health, comfort			
Noted conjunctival pallor or perioral cyanosis			
Measured pulse rate			
Measured blood pressure in both arms			
Measured Respiratory Rate			

NECK	Omitted	Incorrectly	Correctly
Estimated jugular venous pulse (JVP) at 15 and 30 degrees			
Palpated Carotids at level of thyroid cartilage			
Auscultated Carotids for bruits bilaterally			

CARDIAC	Omitted	Incorrectly	Correctly
Demonstrated appropriate draping of the precordium-must be able to listen on skin			
Inspected the precordium			
Palpated radial and femoral pulses bilaterally			
Used DIAPHRAGM of stethoscope to auscultate in 2 positions (supine and upright or decubitus or sitting) the following:			
Upper right sternal border (aortic area)			
Upper left sternal border (pulmonic area)			
Lower left sternal border (right ventricular area)			
Apical Impulse (Left ventricular area)			
Used BELL of stethoscope to auscultate:			
Upper right sternal border (aortic area)			
Upper left sternal border (pulmonic area)			
Lower left sternal border (right ventricular area)			
Apical Impulse (Left ventricular area)			
Auscultated for bruits over abdominal aorta			

LUNGS	Omitted	Incorrectly	Correctly
Inspect chest wall for shape and symmetry			
Palpate apex for PMI and LLSB for RV heave			
Performed percussion of posterior lung fields cephalad to caudal (6 areas)			
Performed auscultation of anterior lung fields bilaterally (must include apex and one other location bilaterally)			
Performed auscultation of posterior lung fields bilaterally (3 areas bilaterally)			
Performed auscultation of lateral lung fields (1 areas bilaterally)			

References.

Bates, Physical Examination
MPPC Week 5 Physical Exam Checklist