

Professional Development

Commitment to personal and professional growth and lifelong learning is essential for self-awareness and adapting to changing environments. The best results come from sharing wisdom and being open to receiving guidance.

- A. Career Mentoring – skills to both develop others as well as manage an effective mentoring relationship for individual and team growth**
- B. Giving and Receiving Feedback – promote open dialogue, focused on feedback, to learn and develop personally and professionally**
- C. Coaching for Performance – inspire high performance that focuses on prioritizing and achieving goals for all faculty roles**

Key Readings:

1. *Advice for New Faculty Members: Nihil Nimus*, Robert Boice.
2. *Coming to Our Senses: Healing Ourselves and the World Through Mindfulness*, Jon Kabat-Zinn
3. *Creative Confidence: Unleashing the Creative Potential Within All of Us*, Tom Kelley and David Kelley
4. *Crucial Conversations: Tools for Talking When Stakes are High*, Second Edition, Kerry Patterson, Joseph Grenny, Ron McMillan, Al Switzler
5. *Emotional Intelligence 2.0*, Travis Bradberry
6. *Flourish: A Visionary New Understanding of Happiness and Well-being*, Martin E. P. Seligmann
7. *Grit: The Power of Passion and Perseverance*, Angela Duckworth
8. *Making the Right Moves: A Practical Guide to Scientific Management for Postdocs and New Faculty*, Second Edition, Burroughs Wellcome Fund and Howard Hughes Medical Institute
9. *Mentor in a Manual: Climbing the Academic Ladder to Tenure*, A. Clay Schoenfeld and Robert Magnan
10. *Mindset: The New Psychology of Success*, Carol S. Dweck, PhD
11. *Now, Discover Your Strengths*, Marcus Buckingham and Donald O. Clifton
12. *On Whose Shoulders We Stand: Lessons from Exemplar Medical Educators*, *Advances in Health Sciences Education*, Maurice A. Hitchcock and William A. Anderson
13. *Peak: Secrets from the New Science of Expertise*, Anders Ericsson
14. *Servant Leadership Roadmap: Master the 12 Core Competencies of Management Success with Leadership Qualities and Interpersonal Skills* (Clinical Minds Leadership Development Series), Cara Bramlett, PA-C
15. *The Coaching Habit: Say Less, Ask More & Change the Way You Lead Forever*, Michael Bungay Stanier
16. *The Coaching Mindset: 8 Ways to Think Like a Coach*, Chad Hall
17. *The Language of Caring Guide for Physicians: Communication Essentials for Patient-Centered Care*, Wendy Leebov, EdD and Carla Rotering, MD
18. *The Leader as a Mensch: Become the Kind of Person Others Want to Follow*, Bruna Martinuzzi
19. *You Are the Universe: Discovering Your Cosmic Self and Why It Matters*, Deepak Chopra, MD and Menas Kafatos, PhD

Online Learning:

1. Emotional Intelligence 4 Part Online Course, BuckeyeLearn:
<https://gatewaytolearning.osu.edu/leadership-development/available-classes-buckeyelearn>
2. Emotional-Awareness: The Secret to Thriving, OSU Employee Assistance Program recording:
<https://carmenconnect.osu.edu/p8guen9gyid/?launcher=false&fcsContent=true&pbMode=normal>
3. Faculty Profile: Janice Kiecolt-Glaser, PhD
<https://mediasite.osu.edu/Mediasite/Play/043f53598d354cb586b1e5bb819532c51d?catalog=47a07e66-6633-4e49-8863-504fd2967643>
4. Faculty Profile: Michael Caligiuri
<https://mediasite.osu.edu/Mediasite/Play/cf1dd04befa74e4bbca0782cdfa420481d?catalog=47a07e66-6633-4e49-8863-504fd2967643>
5. Mentoring – 4 Online Modules, FD4ME:
<https://fd4me.osu.edu/modules?category%5B%5D=Mentorship>
6. Self-Awareness, Leadership Academy Express recording:
<https://mediasite.osu.edu/Mediasite/Play/f4225d4b20b646458402af05910d26901d?catalog=788aa9de-368c-4281-a565-454354a1738b>
7. Self-Management, Leadership Academy Express recording:
<https://mediasite.osu.edu/Mediasite/Play/54a8afa0783341bc9874fb7e7ddefa821d?catalog=788aa9de-368c-4281-a565-454354a1738b>
8. There's No Crying in Surgery: How To Deal with Bad Outcomes and Complications
<https://mediasite.osu.edu/Mediasite/Play/26482bd6f99f45a491afd935cce518b91d?catalog=47a07e66-6633-4e49-8863-504fd2967643>
9. Why Aren't We More Compassionate? Daniel Goleman, TEDTalk:
https://www.ted.com/talks/daniel_goleman_on_compassion
10. Workshop on Giving, Receiving and Soliciting Feedback, MedEdPortal, Jeff Pettit, PhD.
<https://www.mededportal.org/publication/9060/>