

# ADAPTED SPORTS INSTITUTE OF THE OHIO STATE UNIVERSITY

## Adapted Sports, Recreation and Wellness in Eastern Indiana

### **Beep Baseball**

Beep Baseball is the adaptive version of the traditional game of baseball for the blind and visually impaired. The 2016 World Series of Beep Baseball included 20 teams from around the United States. They have two teams in Indiana, the Indy Edge and the Indy Thunder.

Sports offered: baseball

For more information:

- Visit: <https://nbba.org/>

### **Indianapolis Rowing Center**

The Indianapolis Rowing Center is a rowing organization with facilities to meet national and international competition standards and programs to meet the aspirations and needs of both competitive and recreational rowers. Its adaptive program offers rowing to the physically challenged individuals in the Indianapolis community. IRC has acquired adaptive equipment through a Christopher Reeve Foundation grant allowing us to teach on the indoor rowing machines and then provide on-the-water rowing opportunities.

Sports offered: rowing

For more information:

- Visit: <https://www.indyrowing.org/Adaptive-Rowing>
- Contact: Ryan Hurd (coach) at [ryan.hurd@indyrowing.org](mailto:ryan.hurd@indyrowing.org), 317-519-3659

### **Rehabilitation Hospital of Indiana Sports Program**

Rehabilitation Hospital of Indiana is dedicated to providing competitive and non-competitive athletic opportunities to individuals with disabilities to enhance quality of life, promote physical fitness, introduce recreational and wheelchair sports and challenge participants to perform at a competitive level. RHI Sports specializes in serving youth and adults with spinal cord, orthopedic, neuromuscular, and visual impairments. Specially designed equipment is available for many of the activities. It is a USA Paralympic sports club. It is located in the greater Indianapolis area.

Sports offered: wheelchair basketball, power soccer, water skiing, track, swimming, beep baseball, wheelchair tennis, wheelchair fencing, archery, hand cycling, racing, rowing, horseback riding, sailing, scuba diving, and rock climbing

For more information:

- Visit: <https://www.rhin.com/rhi-sports-program/>
- Contact: (317) 329-2000



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### **River City Rollers**

The River City Rollers is a wheelchair basketball team based in South Bend, Indiana. It includes both disabled and abled-bodied adults and children. They are a part of the River City Challenged Athletes.

Sports offered: wheelchair basketball

For more information:

- Visit their Facebook page, @rivercityrollersbb

### **River City Sled Rovers**

The River City Sled Rovers is a sled hockey team based in South Bend, Indiana. The team was created for athletes with lower-body disabilities to enjoy the sport of hockey.

The team is affiliated with the local wheelchair basketball team, the River City Rollers.

Together they form a non-profit organization called River City Challenged Athletes.

Sports offered: Sled hockey

For more information:

- Visit: <http://sledrovers.org/>
- Contact: [info@sledrovers.org](mailto:info@sledrovers.org)

### **Sports Abilities**

Sports Abilities is a resource for people with physical disabilities to find recreational, advocacy, support, and adaptive sporting activities in the nation.

For more information:

- Visit: <http://www.sportsabilities.com/>

### **Turnstone**

Turnstone is an official United States Olympic training center, with a commitment in promoting excellence in the lives people with Paralympic-eligible disabilities. It is a gold level USA Paralympic Sports club and a member of Disabled Sports USA. They assist in providing a variety of services to athletes, including sports clubs, day services, equipment loans, a health and wellness center, adult therapy, and recreational activities. It is located in Fort Wayne, IN. They also host the Endeavor Games, which are an annual competitive event for Paralympic sports.

Sports offered: wheelchair basketball, wheelchair tennis, quad rugby, power soccer, sled hockey, boccia, golf, bowling, goalball

For more information:

- Visit: <https://turnstone.org/>
- Contact: (260) 483-2100
- Email: [turnstone@turnstone.org](mailto:turnstone@turnstone.org)



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For more questions, visit us:

Adapted Sports Institute at the Ohio State University

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Columbus, OH 43221  
614-685-5600

[wexnermedical.osu.edu/adaptedsports](http://wexnermedical.osu.edu/adaptedsports)

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