

# A Hindu Peace Prayer

I desire neither earthly kingdom, nor even freedom from birth and death.

I desire only the deliverance from grief of all those afflicted by misery.

Oh Lord, lead us from the unreal to the real; from darkness to light; from death to immortality.

May there be peace in celestial regions.

May there be peace on earth.

May the waters be appeasing.

May herbs be wholesome and may trees and plants bring peace to all.

May all beneficent beings bring peace to us. May your wisdom spread peace all through the world.

May all things be a source of peace to all and to me.

Om Shanti, Shanti, Shanti (Peace, peace, peace).

*-M.K. Gandhi Institute for Nonviolence*