

Mi Sheberach

May the One who blessed our ancestors —
Patriarchs Abraham, Isaac, and Jacob,
Matriarchs Sarah, Rebecca, Rachel, and Leah —
bless and heal the one who is ill:

_____ son/daughter of _____ ..

May the Holy Blessed One
overflow with compassion upon him/her,
to restore him/her,
to heal him/her,
to strengthen him/her,
to enliven him/her.

The One will send him/her, speedily,
a complete healing —
healing of the soul and healing of the body —
along with all the ill,
among the people of Israel and all humankind,
soon,
speedily,
without delay,
and let us all say: Amen!