What type of learner are you? Learning styles of undergraduate gross anatomy students.

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In order to categorize ways that people learn, learning styles instruments have been created and administered. These tools are useful as they allow instructors to learn more about students, as well as aid in the development and application of useful teaching approaches. Because anatomy is at the core of health professions, there has been much research in understanding its instruction in professional programs (i.e., medical and dental) and how learning style preference can influence students’ achievement. At the undergraduate level, research has focused on learning style preferences of physiology students, with a noticeable lack in the gross anatomy field.