Professional Development

Commitment to personal and professional growth and lifelong learning is essential for self-awareness and adapting to changing environments. The best results come from sharing wisdom and being open to receiving guidance.

A. Career Mentoring – skills to both develop others as well as manage an effective mentoring relationship for individual and team growth
B. Giving and Receiving Feedback – promote open dialogue, focused on feedback, to learn and develop personally and professionally
C. Coaching for Performance – inspire high performance that focuses on prioritizing and achieving goals for all faculty roles

Key Readings:

1. Advice for New Faculty Members: Nihil Nimus, Robert Boice.
2. Coming to Our Senses: Healing Ourselves and the World Through Mindfulness, Jon Kabat-Zinn
3. Creative Confidence: Unleashing the Creative Potential Within All of Us, Tom Kelley and David Kelley
5. Emotional Intelligence 2.0, Travis Bradberry
6. Flourish: A Visionary New Understanding of Happiness and Well-being, Martin E. P. Seligmann
10. Mindset: The New Psychology of Success, Carol S. Dweck, PhD
11. Now, Discover Your Strengths, Marcus Buckingham and Donald O. Clifton
12. On Whose Shoulders We Stand: Lessons from Exemplar Medical Educators, Advances in Health Sciences Education, Maurice A. Hitchcock and William A. Anderson
13. Peak: Secrets from the New Science of Expertise, Anders Ericsson
14. Servant Leadership Roadmap: Master the 12 Core Competencies of Management Success with Leadership Qualities and Interpersonal Skills (Clinical Minds Leadership Development Series), Cara Bramlett, PA-C
15. The Coaching Habit: Say Less, Ask More & Change the Way You Lead Forever, Michael Bungay Stanier
16. The Coaching Mindset: 8 Ways to Think Like a Coach, Chad Hall
17. The Language of Caring Guide for Physicians: Communication Essentials for Patient-Centered Care, Wendy Leebov, EdD and Carla Rotering, MD
18. The Leader as a Mensch: Become the Kind of Person Others Want to Follow, Bruna Martinuzzi
19. You Are the Universe: Discovering Your Cosmic Self and Why It Matters, Deepak Chopra, MD and Menas Kafatos, PhD
Online Learning:

1. Emotional Intelligence 4 Part Online Course, BuckeyeLearn: https://gatewaytolearning.osu.edu/leadership-development/available-classes-buckeyelearn
2. Emotional-Awareness: The Secret to Thriving, OSU Employee Assistance Program recording: https://carmenconnect.osu.edu/p8guen9gyid/?launcher=false&fcsContent=true&pbMode=normal
3. Faculty Profile: Janice Kiecolt-Glaser, PhD https://mediasite.osu.edu/Mediasite/Play/043f53598d354cb586b1e5bb819532c51d?catalog=47a07e66-6633-4e49-8863-504fd2967643
4. Faculty Profile: Michael Caligiuri https://mediasite.osu.edu/Mediasite/Play/cf1dd04befa74e4bbca0782cdfa420481d?catalog=47a07e66-6633-4e49-8863-504fd2967643
5. Mentoring – 4 Online Modules, FD4ME: https://fd4me.osu.edu/modules?category%5B%5D=Mentorship
6. Self-Awareness, Leadership Academy Express recording: https://mediasite.osu.edu/Mediasite/Play/f4225d4b20b646458402af05910d26901d?catalog=78aa9de-368c-4281-a565-454354a1738b
7. Self-Management, Leadership Academy Express recording: https://mediasite.osu.edu/Mediasite/Play/54a8afa0783341bc9874fb7e7ddefa821d?catalog=78aa9de-368c-4281-a565-454354a1738b
8. There’s No Crying in Surgery: How To Deal with Bad Outcomes and Complications https://mediasite.osu.edu/Mediasite/Play/26482bd6f99f45a491afd935ce518b91d?catalog=47a07e66-6633-4e49-8863-504fd2967643