Durban, South Africa

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June 28th to August 5th 2008
Sanibona!
CFHI

• Child Family Health International
  – “the leading nongovernmental organization (NGO) placing health science students on global health education programs in ways that are socially responsible and financially just” (overhead of just %4.8)

• 2 South Africa programs: Durban, Cape Town
• Focus on HIV/AIDS and Health Care
• Homestay with Zulu family
Finances

- CFHI program fee includes:
  - Homestay with 2 meals provided per day
  - Hospital apartment during rural rotation
  - Transportation to and from hospitals
- Fees go to homestay families and hospitals
- Flight to Africa (expensive)
- Travel/weekends/souvenirs/recreation
Our family, the Mfyaelas

Makhosi, Mama (Fikile), Noluthando, Nahlanhla, Nokiphiwa (not pictured)
CFHI Durban

- Township visit and history of apartheid
- 3 Hospital rotations over 4 weeks:
  - Rural: Hlabisa
  - Public: King Edward
  - Private: St. Mary’s
- 2 days at Veralum Hospice
- 3 lectures with Medical Director Dr. Naidu
- Focus on HIV/AIDS and Health Care System response to burden
Bhambaye Township
Bhambaye Township
Hlabisa Hospital

HLABISA HOSPITAL
revives sense of
caring through
Health Care Services

Fighting Disease, Fighting Poverty, Giving Hope.

Ms Beliswa Peggy Nkonyeni
MEC for Health
KwaZulu-Natal
Hlabisa Hospital

Post natal ward
Hlabisa Hospital

With some of the doctors and medical students
King Edward Hospital

Home of University of KwaZulu-Natal Medical School
King Edward Hospital

Pediatric unit
King Edward Hospital

Operating Theatre
King Edward Hospital

Hanging out with the Radiology Department
St. Mary’s Hospital
St. Mary’s Hospital

1. ANTE NATAL CLINIC
   UMTHOLAMPILO WABAKHULELWE

2. HYPERTENSION CLINIC
   UMTHOLAMPILO WOMFUTHO OPHEZULU

3. DIABETIC CLINIC
   UMTHOLAMPILO WABANOSHUKELA

4. PSYCHIATRIC CLINIC
   UMTHOLAMPILO WOKUNAKEKELA INGQONDO

5. TB CHEST CLINIC
   UMTHOLAMPILO WESIFO SOFUBA

6. P.M.T.C.T.
   (PREVENTION OF MOTHER TO CHILD TRANSMISSION)
   UMTHOLAMPILO WOKUVIMBELA UKUDLULISELA IGCIWANE
   LASANDULELA NGCULAZA KUMTWANA

7. VCT CLINIC
   UMTHOLAMPILO WOKUHLOLA IGCIWANE
   LESANDULELA NGCULAZA

8. ARV (ANTI RETROVIRAL) CLINIC
   UMTHOLAMPILO WAMAPHILISI OKUTHIBA IGCIWANE
   LESANDULELA NGCULAZA

9. SPECIAL CLINIC
   (MANAGEMENT OF HIGH RISK BABIES)
   UMTHOLAMPILO OQONDENE NOKUSIZA ABANTWANA
   ABABENENKINGA NGENKATHI BEBELETHWA
St. Mary’s Hospital

Helping the nurses check vitals at the ARV clinic
St. Mary’s Hospital

Children leaving the nearby school
Veralum Hospice

Home visits with nurses to check on patients
Veralum Hospice

At the home of a friendly and courageous patient
Veralum Hospice

Exploring the hospice office (note the use of U.S. PEPFAR aid)
Hluhluwe Game Reserve

Rhinos, monkeys, giraffes, cheetahs, zebras, warthogs, hyenas, lions, water buffalo, kudu, wildebeest, enyala, baboons, guinea fowl...
St. Lucia Estuary and Beach

Hippos!
St. Lucia Estuary and Beach

Crocodiles!
Drakensberg Mountains

Hiking to the Balancing Rocks and a view from the Giant’s Tea Cup
Drakensberg Mountains

Forest canopy zipline tour and a frozen waterfall
Country of Lesotho

A villager invites us into her home for homemade bread and brew.
Country of Lesotho

Shepherds in the mountains
Enjoying Durban

uShaka beach
Cape Town

Hiking Table Mountain and Lion’s Head
Cape Town

Rainbows at Cape of Good Hope and biking in Stellenbosch winelands
Cape Town

More animals . . . squirrel monkeys and penguins
Cape Town

Cage diving with Great White Sharks
What we gained...

• Hands-on clinical medical education
• Exposure to an incredible range of disease (in more ways than one...)
• Firsthand lessons in Public Health Management (or lack thereof...)
• A sense of adventure (and danger...)
• Learning a new culture and language
• Travel!!!
• Friends!!!
Contact Information

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Ngiyabonga nasilalela! Hambanikahle!