WIMS Newsletter

Letter from Clara Lee, MD MPP, Interim Director of Women’s Academic Advancement in FAME

I am honored to serve as the Interim Director of the Women in Medicine and Science Committee (WIMS). Our mission is to promote the advancement of women faculty at all levels, throughout the College of Medicine. Last year was very productive, with several successful career development programs and notable achievements for women faculty. Ultimately, WIMS belongs to you, the faculty, so please contact me and tell me how things are going and what’s on your mind! I look forward to helping make OSU a better place for women physicians and scientists.

Highlight on Accomplishments

The WIMS congratulates the following women faculty for their recent achievements.

- **Courtney DeVries, PhD**, Professor in the Department of Psychology, Department of Neuroscience, was recognized as the 2017 FAME Distinguished Mentor Award
- **Lisa Christian, PhD**, Associate Professor of Psychiatry and the Institute for Behavioral Medicine Research, was recognized with the 2017 FAME Career Development Award for Researchers
- **Ashley Rosko, MD**, Assistant Professor in the Department of Internal Medicine, was recognized with the 2017 FAME Career Development Award for Clinicians

WIMS Mission Statement

The mission of Women in Medicine and Science (WIMS) is to advance the careers of women faculty in the College of Medicine at The Ohio State University through appraisal, advocacy, and networking.
AAMC Early-Career Women Faculty Leadership Development Seminar

Each year WIMS supports candidates for the AAMC Early-Career Women Faculty Leadership Development Seminar (Jul 15-18, 2017 in Stevenson, Washington). This year’s recipient for the AAMC seminar was Bhavana (Tina) Bhatnagar, DO.

Bhavana Bhatnagar, DO
Assistant Professor, Division of Hematology/Oncology

“I think that most junior faculty constantly ask themselves how they can advance their careers and what skills they need to acquire, outside of those directly applicable to their field, that will allow them to achieve the type of success they desire; I was no exception. Often times, though, the answers to these questions are difficult to come by. I had never attended a career development workshop before and was encouraged by past participants to apply for the AAMC Women’s Early Career Development seminar. In short, this seminar was a unique and highly valuable experience which exceeded my expectations, and I would strongly recommend it for any woman in medicine who is in the beginning stages of her academic career. The workshop brought together about 150 women, clinicians and non-clinicians, from across the nation and from different specialties, for a 3-½ day educational retreat, comprised of lectures from top-notch speakers, pertaining to topics such as personality types as they apply to the workplace, contract negotiation, work-life balance, tips to successful promotion and keys to identifying strong mentors. Additional sessions focused on effective time management strategies and techniques to avoid burnout and attain greater job and life satisfaction. I started using several of these techniques immediately and continue to incorporate them into my work and life each day. Each of the speakers were highly knowledgeable, engaging, down-to-earth and highly accessible for questions and for practical advice throughout the seminar. The majority of sessions was interactive and involved a lot of small group work, which turned out to be a great way to network with the other like-minded attendees. One of the most beneficial aspects of the seminar was the significant amount of time allotted for personal reflection, either through journal writing, small group discussions or even yoga. I feel very fortunate to have had the opportunity to attend this seminar. The skills and knowledge I learned provided a solid foundation for me to continue to build on in order to thrive in an academic environment.”

The upcoming Mid-career Faculty Leadership Development Seminar will be Dec. 2-5, 2017 in Scottsdale, Arizona. Application process will continue through Sept 27, 2017. For more information, please visit: https://www.aamc.org/members/leadership/catalog/323118/mid-careerwomenfacultyleadershipdevelopmentseminar.html

Mark your Calendars- October is FAME Mentoring Month

FAME will present a program about mentoring each week featuring OSU faculty who are mentoring experts. You Might Already be a Mentor, Panel Discussion, Monday, October 2, 3-4pm
Gain the Most from Mentoring, Thursday, October 12, 2-3pm
How to Grow a Successful Development Program, Thursday, October 19, 4-5pm
Accelerate Your Career with Sponsorship, Monday, October 23, 1-2pm
UPCOMING EVENTS

OCTOBER

**WIMS 2017 Annual Meeting**  
October 11, 2016, 5-7:00pm  
H1213 Ross Heart Hospital Auditorium  
An annual celebration of the achievements of the women faculty in the College of Medicine. This year’s special guest is Executive Vice President and Provost Bruce McPheron. A light dinner will be provided. Register by October 4: buckeyelearn.osu.edu

**Gender Equity Summit**  
October 4, 2017, 1-5:30p  
Exchange at Bridge Park in Dublin, Ohio  
Engaging men and women in full partnership at work. Tickets: $525 per individual, $4000 for table of 8. All proceeds benefit the AHA Go Red for Women Campaign. To register: Heart.org/GoRedEquitySummit or 614-396-4434

NOVEMBER

**FAME Book Discussion- Getting to Yes: Negotiating Agreement Without Giving In by Roger Risher and William L. Ury**  
November 15, 2017 12-1:00p  
NCH – Faculty Office Building FBLLC.2  
OSU - Streaming/Discussion Room - B040  
James Cancer Hospital

Highlighted Event: National Leadership Panel, Sept 14, 12-1pm

**Taking the Lead: How to achieve leadership roles at national/international societies**

Panel discussion with experienced women leaders: Cheryl Lee, MD; Clara Bloomfield, MD; Mary Fristad, MD; and Wendy Frankel, MD.

By Zarine Shah

This was a noon seminar organized by WIMS and FAME, with women leaders as panelists, who shared their experiences and provided guidance and advice about how to achieve recognition and leadership positions in national and international societies. The session was very well attended with faculty from diverse medical specialties, researchers, clinicians and faculty in all stages in their career.

This interactive forum allowed panelists to share their stories in an informal setting and provided the opportunity to faculty in attendance to ask questions, and to learn from the past experience of the panelists. The discussion touched upon how to get started and how to “put yourself forward” at national meetings and committees. There was discussion on how to navigate the waters with formal mentors and how to find mentors who share your passion and have the expertise to help junior faculty advance their academic careers and work towards their goals. The discussion was interesting and pertinent to those who attended and the audience left feeling more confident about this topic.

LINK to view video of event [http://go.osu.edu/com_wims](http://go.osu.edu/com_wims)

For more information, please visit the WIMS webpage at  

Women in Medicine and Science  
Center for FAME