ERAS USMG Residency Applicant Checklist

As an applicant, there are a number of tasks you should complete when applying to a residency. Below is a checklist to assist you with making sure you complete all ERAS-related tasks. If you have any questions, regarding the ERAS process please contact the ERAS HelpDesk at (202) 862-6264 or myeras@aamc.org.

*Note: Some of the tasks listed below do not have to be completed in the order listed.*

Where to begin

☐ Visit the [ERAS for applicants](#) website for timeline information, FAQs, a list of participating specialties and programs and more.

☐ Obtain an ERAS Electronic Token from your Designated Dean’s Office (DDO), your medical school of graduation.

☐ Register ERAS Electronic Token at the [MyERAS login page](#).

Getting Started

☐ Complete Profile. *

☐ Complete MyERAS Application. *

☐ Create and finalize LoR Authors (under the Documents tab). *

☐ Provide each LoR Author with their Letter Request Form.

*Note: For each finalized LoR Author entry, a unique Letter Request Form is generated in MyERAS.*

☐ Enter your personal statement (under the Documents tab). *

☐ Work with your DDO to have your supporting documents uploaded to the ERAS PostOffice. *

☐ Using ADTS, confirm if supporting documents (including LoRs) were uploaded to the ERAS PostOffice.

*Note: If you do not see your documents uploaded in ADTS, contact your DDO or LoR Author (LoRP submitted LoRs) since they are responsible for uploading your documents.*

☐ Answer USMLE/COMLEX Transcript authorization question (under the Documents tab). *

*Note: Once saved, your answer cannot be changed.*
Applying to Programs

- Search for programs of interest.
- Select a program of interest and assign documents to the program.

  Note: LoRs cannot be assigned until the LoR Authors have been finalized and the LoRs uploaded to the ERAS PostOffice. In addition, the MSPE, medical school transcript and MyERAS application are considered mandatory documents and are automatically assigned to programs.

- Certify and Submit MyERAS Application.

  Note: This task must be completed in order to apply to programs. In addition, once your application is submitted, no changes can be made to the information entered under the Application tab.

- Before applying, confirm each program of interest’s requirements and their deadline for accepting applications.

- Apply to programs.

- Confirm programs have downloaded application and supporting documents using ADTS.

Things to consider

- If you plan to participate in match, make sure you register with your appropriate match service.

  Note: Registering with MyERAS does not register you for match.

* Task does not have to be performed in the order listed.