Women and Medicine at The Ohio State University
Thank you for your interest in the Ohio State University College of Medicine. As practicing physicians at Ohio State, we can say with confidence that Ohio State offers one of the best learning environments for female students in the nation. One of the nation’s top medical schools, Ohio State stands at the forefront of medical education. We are leaders in medicine for providing competent, compassionate medical care to an increasingly diverse population and addressing the shortage of women in medicine.

Ohio State’s College of Medicine is committed to assembling a class of students that displays diversity in background and thought, a strong intellect and the potential to improve people’s lives through innovation in research, education and service to our patients and community. This includes achieving strong representation of women in the medical school community, which will result in improved outcomes for patients of both genders.

We hope you find this brochure helpful in introducing you to the many opportunities that await you as a student at Ohio State’s College of Medicine, and we welcome your questions and comments.

Quinn Capers IV, MD
Associate Dean for Admissions,
The Ohio State University College of Medicine
Division of Cardiovascular Medicine

Anne Taylor, MD
Co-Chair, Admissions Committee,
The Ohio State University College of Medicine
Department of Plastic Surgery
Why Ohio State?

A Nurturing Environment

The LSI Curriculum

At Ohio State medicine, our female students find a comfortable, nurturing environment in which to learn, study and socialize — an environment that is not only stimulating but supportive and sensitive to their individual needs.

The Lead. Serve. Inspire (LSI) curriculum is a team-based environment emphasizing self-directed learning with individualized learning opportunities, while producing standardized outcomes. Small-group learning communities that meet weekly with faculty throughout the program provide opportunities for case discussions, and a faculty coach assigned to each student is on hand for advice on meeting the core competencies.

Students participate in a variety of longitudinal projects throughout the curriculum, including health coaching with patients, studies in patient safety, understanding health systems, and solving problems through interdisciplinary teamwork. Students also begin to gain an understanding of patients with specialized medical needs, patients with reproductive and surgical needs, and patients within special, vulnerable populations, such as victims of abuse, addiction, poverty, low literacy, etc. Career exploration, which starts in the first year, aims to help students develop their interests by exposing them to various fields of medicine early in the program.

Our Commitment to Diversity

Promoting excellence and diversity in education is highly valued at Ohio State. Our students reflect not only racial and ethnic diversity, but also diversity of cultures, geographic origin, age and experiences. Ohio State’s College of Medicine promotes a diverse community focused on enriching the learning process and preparing students for medical practice within a patient population that grows more varied every day.
Emphasis on Ethics and Professionalism

The goal of Ohio State medicine is to prepare future physicians who exemplify the ethics, values and behaviors of the medical profession — to demonstrate compassion, respect, honesty, integrity, accountability, altruism, prudence, social justice, and commitment to excellence consistently in all professional and personal responsibilities. The College incorporates these ideals into the curriculum, along with interpersonal communications, as core objectives and expects its graduates to apply them in all of the competency areas, including patient care, medical knowledge and skills, practice-based and life-long learning, interpersonal communications, and systems-based practice.

In addition, the College supports and encourages activities and events that advance the adoption of ethical and professional attitudes and behaviors in its medical community.

**Project Professionalism** is a student-driven initiative co-sponsored by Patient Centered Medicine and the student Honor and Professionalism Council whose mission is to create and maintain the culture of respect in the medical school environment. The **Humanism in Medicine** Initiative serves as a home for humanistic programs across the College of Medicine and Ohio State’s Wexner Medical Center.

**Medicine and the Arts** brings members of the medical community together through the performing and visual arts to celebrate and honor those who serve our patients.

Entertainment and the **Arts**, the **Writers Group**, and the **MedNotes** choir serve to broaden the humanism initiative by providing opportunities for students to express their creative talents while bringing art and entertainment to the community.

The **Gold Humanism Honor Society**, recognizes students who excel not only in academic performance, but also in their exemplary attitudes and behaviors toward patient care. Along with the **Honor and Professionalism Council** (HPC), these student groups promote and ensure professional and ethical behavior in the College of Medicine. They sponsor community service projects, such as the **Annual Community Fair**, which provides information to the public on more than 30 central Ohio agencies. They also collect clothing for area homeless persons and host speakers to talk about issues facing underserved populations.

Another Humanism in Medicine group offers a babysitting service for fellow medical students, and **The Other Half Program** sponsors social events and networking opportunities to medical students and their significant others.

Women medical students at Ohio State succeed academically, as demonstrated by the number of women receiving awards at the College of Medicine’s 2013 graduation ceremonies:

- **Six** of the nine most prestigious College of Medicine awards were given to a female student.
- **Seventeen** of the 32 students in the Alpha Omega Alpha Honor Medical Society were women.
- **Twenty-one** of 31 students receiving the College’s Gold Humanism Award were women.
- **Forty-three** of the 77 students who were graduating with the cum laude distinction were women.
Mentoring at Ohio State

Mentorship has proven to be one of the most successful methods for helping students to grow professionally and to achieve career satisfaction. Ohio State medicine aims to provide a training environment that provides strong mentorship and role modeling across programming.

In The Ohio State University medical school curriculum, each student is assigned a faculty coach to provide guidance and advise the student on how well she is meeting the core competencies as she progresses through the program.

Mentors also play a key role in the College’s Medical Scientist Training Program (MSTP), which provides rigorous training in both clinical medicine and basic research leading to both an MD and PhD degree. MSTP students are part of a team of physicians working side-by-side with leading experts in their fields, as well as with top residents and fellows diagnosing and treating numerous patients with a variety of conditions. The program provides additional mentoring opportunities through the MSTP roundtable, a group that meets regularly to bring first- and second-year MSTP students together with Ohio State physician scientists in an informal setting.

The student group Women in Medicine routinely maintains a mentoring database that matches female students with female physicians in their fields who are willing to serve as mentors. The group is dedicated to addressing topics of family, significant others, and work environments that affect both female and male students.

Recognizing a predicted shortage of surgeons over the next 20 years and the need for more women in the field of surgery, the Women in Surgery Project encourages female medical students to consider surgery as a specialty. Under the leadership of Susan D. Moffatt-Bruce, MD, associate professor of Surgery and Chief Quality and Patient Safety Officer at The Ohio State University Wexner Medical Center, the initiative provides strong role modeling and mentoring for female medical students. Currently, 50 percent of Ohio State’s surgery residents are women.

Informal mentoring opportunities at Ohio State’s College of Medicine are available through other student interest groups, including Student National Medical Association and the Obstetrics/Gynecology Interest Group. Each year, Women in White Coats hosts a networking event in which women medical students meet and mingle with female Ohio State College of Medicine alumni. Women in Medicine and Women of Color in Medicine support and provide resources for Ohio State women in medicine, including assistance with issues related to family, significant others and work environments.
Emphasis on Primary Care

Each year, approximately one-half of Ohio State medical students train to become primary care physicians. Ohio State provides more primary care physicians to the state of Ohio than any other medical school in the region. This fact notwithstanding, the projected shortage of primary care physicians supports the need for incentives to increase the number of doctors specializing in this field of practice. The state of Ohio is meeting the challenge by incentivizing students to enter the primary care field through the following channels:

- **Ohio House Bill 198** — established 50 scholarships of $30,000 each for second-, third- and fourth-year medical students who do a primary care residency in Ohio and practice in Ohio for at least three years after their residency is completed.
- **Family Medicine Interest Group (FMIG)** — actively increasing awareness of and interest in the specialty of Family Medicine and promoting involvement of first- and second-year medical students through workshops, meetings, lecture series and community service.
- **Primary Care Loan** — a low-cost federal loan program for fourth year medical students who wish to pursue a degree in allopathic medicine and who are committed to primary healthcare practice.

Women Medical Trainees

Women at Ohio State train in all fields of medicine and at all levels through undergraduate and graduate programs, dual-degree and master’s programs, post-doctoral and fellowship appointments, a variety of research training programs, and residency programs in a number of specialty areas.

Read what several of our women trainees have to say about their experiences at Ohio State.

**Grace Ayafor, MD, Resident**

“I held a fellowship in interventional cardiology and had the wonderful opportunity to be trained by highly skilled physicians with diverse backgrounds who are at the forefront of cardiovascular research. Ohio State has female physicians in every branch of cardiology, providing for a mentorship opportunity not available in most other programs. The department as a whole has been very supportive, not only of my career goals, but of my personal life as well, helping me to create balance between work and my family, which includes my husband and toddler.”

**Susan McClory, MD, Research Fellow**

“At Ohio State, I have had the opportunity to train under leaders in the field of immunology and cancer biology, and I have received the critical education necessary to become an academic physician. One of the most valuable strengths of the MSTP has been its support of students in all aspects of their lives. During my graduate career, I not only married, but I also gave birth to my son. My professional success would certainly not be possible without the support and flexibility afforded to me by my mentors and advisors here at Ohio State.”

**Lisa Caronia, MD, Class of 2013**

“When I interviewed at Ohio State, I was blown away by the friendly, welcoming and personable individuals I interacted with. I have been astounded by the fantastic female mentors available to me at Ohio State. Their encouragement, reassurance and helpful guidance have been crucial in my development as a physician. I have been fortunate to have so many great interactions with the female faculty at Ohio State, all of whom have demonstrated characteristics that I hope to emulate.”
Women Leaders in Education

Currently, 39 percent of Ohio State’s College of Medicine faculty are women, which is above the national average of 37 percent (2011 AAMC). The college has experienced over 200 percent growth in the number of female faculty over the past 10 years.

The College has placed a special emphasis on growing and developing its female faculty, notably through the initiative led by Martha Gulati, MD, of the Center for Faculty Advancement, Mentoring and Engagement, that specifically focuses on the advancement of women faculty. Among our women faculty, 12 hold leadership positions as either assistant or associate dean, department chair, or school director in the College, and 10 hold leadership positions in the Medical Center.

Joanna Groden, PhD, Vice Dean for Research; Professor, Department of Molecular Virology, Immunology and Medical Genetics

A nationally renowned authority on inherited cancers, Dr. Groden has been a distinguished member of the Molecular Virology, Immunology and Medical Genetics faculty since 2005. She also serves as the College’s associate dean for graduate studies.

Rebecca Jackson, MD, Associate Dean for Clinical Research; Director, Center for Clinical and Translation Science

In addition to her responsibilities in oversight of clinical research, Dr. Jackson is a leader in the research of women’s health, specializing in endocrinology, diabetes and metabolism disorders.

Ginny Bumgardner, MD, PhD, Associate Dean for Clinical and Translational Research Education; Director of Medical Student Research

Dr. Bumgardner is director of the College’s Master of Medical Science Program and a member of the Executive Committee of the Medical Scientist Training Program (MSTP). She also participates as a member of Ohio State’s Clinical and Translational Science (CCTS) Community of Research Education. Her research focuses on transplant immunobiology.

Joanne Lynn, MD, Associate Dean for Student Life; Professor of Clinical Neurology

Dr. Lynn has been on the medical staff at The Ohio State University since 1992. Named as one of the “Best Doctors in America,” Dr. Lynn is a past recipient of the Leonard Tow Humanism in Medicine Award, presented for her compassion and sensitivity in the delivery of care to patients with multiple sclerosis and their families. She is also on the Medical Advisory Board of the Transverse Myelitis Association.

Mary Jo Welker, MD, Associate Dean for Primary Care; Executive Director, Primary Care Network; Chair, Department of Family Medicine

A practicing physician for 16 years before coming to Ohio State, Dr. Welker has been active in the Ohio State Medical Association and currently serves as president of the American Academy of Family Physicians Foundation board of trustees. Named in her honor, the Mary Jo Welker Award in Professionalism is given each year to a graduating student who best exemplifies the pursuit of professional excellence.

Susan Moffatt-Bruce, MD, PhD, Associate Dean for Clinical Affairs for Quality & Patient Safety; Chief Quality & Patient Safety Officer; Associate Professor of Surgery

Dr. Moffat-Bruce is a thoracic surgeon with interests in lung and heart transplantation, transplant outcomes and thoracic oncology, and transplant immunology research. She leads Ohio State’s Women in Surgery Project, which supports and encourages female medical students to pursue an interest in surgery. She was recently named a 2013 fellow by the Hedwig van Ameringen Executive Leadership in Academic Medicine® (ELAM) Program for Women at Drexel University.

Martha Gulati, MD, Sara Ross Soter Chair in Women’s Cardiovascular Health; Associate Professor of Clinical Internal Medicine

Dr. Gulati is a nationally recognized expert in the study of women and heart disease. She has co-authored several books, including a guide for heart disease prevention in women published by the American Heart Association. She has served as a co-investigator on The Ohio State University Women’s Health Initiative (WHI) and leads a women’s advisory task force charged with recommending revisions to policies and procedures within Ohio State’s Wexner Medical Center to better support the needs of women faculty.
Resources for Women at Ohio State

The Ohio State University Wexner Medical Center offers a wide range of programs and services to meet women’s needs through every stage of life with services in obstetrics and gynecology, women’s heart health, comprehensive breast health, gynecologic urology and oncology, contraceptive and family planning, and pregnancy and childbirth, including personalized prenatal care to women experiencing high-risk pregnancy.

The Center for Women’s Health at the Wexner Medical Center is dedicated to addressing women’s unique health needs in a multidisciplinary environment. Uniting comprehensive clinical care, basic science, clinical and translational research, medical education, public health awareness and education, the Center offers coordinated care in the specialties of internal medicine, primary care, integrative medicine, cardiology, endocrinology and gynecology to improve the health of women.

In 2001, Ohio State University adopted a five-year Diversity Action Plan as an official set of goals and strategies for increasing diversity among students, faculty and staff. Included is a commitment to recruiting and retaining women faculty at all levels, specifically, for senior leadership, as well as undergraduate, graduate and professional students. The results of the five-year plan show substantial increases for many units, including Ohio State’s College of Medicine. The University has extended its commitment to furthering its diversity initiative by adopting the “Renewing the Covenant: Diversity Objectives and Strategies for 2007 to 2012.”

The Women’s Place at Ohio State serves as a catalyst for institutional change to expand opportunities for women’s growth, leadership and power in an inclusive, supportive and safe university environment. Advocating policy changes that provide opportunities and address institutional barriers for women, a key function of the office is to track statistics about women at Ohio State to help the institution understand its successes in improving gender equity as well as to identify challenges.

The President and Provost’s Council on Women is charged with advocating to the president and provost for the advancement of all women at The Ohio State University and providing leadership for the development of policies and practices that positively affect the working environment for women employed at Ohio State.

Critical Difference for Women offers grants to female faculty, staff and students for professional development, re-entry and research on women.

The Office of Human Resources, Work Life provides policies, programs and services to assist members of the Ohio State community to better integrate their professional and personal lives and to feel more productive, engaged and satisfied in their work environment.

The Office of Gender Initiatives in STEM aims to help the university to do a more effective job of recruiting female faculty in the STEM fields (science, technology, engineering, mathematics and medicine) by expanding networks with national and international professional organizations, assisting chairs and deans in recruiting women faculty, and collaborating with The Women’s Place in the effort to assure that Ohio State is an inviting professional home for women faculty.

More Information:
The Women’s Place: womensplace.osu.edu
President and Provost’s Council on Women: ppcw.osu.edu
Women in Medicine: womeninmed.org.the-ohio-state.edu/index.html
Critical Difference for Women: criticaldifference.osu.edu
Center for Women’s Health: cwh.osu.edu

Points of Pride
- Ten of Ohio State’s Wexner Medical Center specialties have been designated among the nation’s top programs in U.S. News & World Report’s Best Hospitals 2013-14 survey —cancer; cardiology and heart surgery; diabetes and endocrinology; ear, nose and throat; geriatrics; nephrology; neurology and neurosurgery; pulmonology; rehabilitation; and urology.
- Ohio State’s College of Medicine ranks 38th among the national’s top medical schools in 2014 and 24th in primary care, according to U.S. News & World Report’s Best Colleges for 2014.
- The James Cancer Hospital and Solove Research Institute is one of only 41 hospitals in the nation to be designated a comprehensive cancer center by the National Cancer Institute.
- The Richard M. Ross Heart Hospital places Ohio State among a small group of academic medical centers that have melded cardiovascular research with clinical care to form integrated heart care programs tailored to the needs of the patient.
Admissions at Ohio State’s College of Medicine

The Ohio State University College of Medicine seeks self-directed learners who are driven to become empathetic physicians providing evidence-based, compassionate medical care.

Ohio State’s College of Medicine Admission Committee is composed of a diverse group of medical professionals, 40 percent of whom are women. This distinguished group is charged with assembling a class of students that displays diversity in background and thought, strong intellect, and the potential to improve people’s lives through innovation in research, education and community service. To accomplish this goal, the Admissions Committee takes a holistic approach to the selection process, choosing students who not only excel academically, but who have a wide variety of interests and skills.

Application Checklist

- **Prerequisite Courses**
  General Chemistry with lab, Organic Chemistry with lab, Biochemistry, Physics with lab, Biology, Human Anatomy
- **Medical College Admissions Test (MCAT)**
- **Recommendation Letters**
  (two academic)
- **Official Transcripts**
- **Secondary Application**


**An email will be sent with instructions for accessing your status page and secondary application.

Financial Aid and Scholarships

New students are automatically reviewed by the College of Medicine’s Admissions Scholarship Program Committee. No application is necessary; however, to be considered for financial need scholarships, students must have filed their Federal Student Aid (FAFSA) form and be admitted by February 15. Incoming and Returning students should also review scholarships that are offered by The Ohio State University.

For more information about financial aid, scholarships and how to apply, visit medicine.osu.edu/students/admissions.

Application Timeline

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<tr>
<td>June 1</td>
<td>Applications may be submitted to AMCAS.</td>
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<tr>
<td>November 1 at 12 midnight EST</td>
<td>Deadline for all applications and transcripts to be received by AMCAS.</td>
</tr>
<tr>
<td>December 15 at 12 midnight EST</td>
<td>Deadline for receipt of secondary application.</td>
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<tr>
<td>Reference Letters</td>
<td>Must be available through AMCAS prior to a scheduled interview.</td>
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<tr>
<td>September–March</td>
<td>On-campus interviews</td>
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<tr>
<td>Application Status and Decision</td>
<td>Notification of application status is available to applicants on their status page. Admission decisions are available on their status page within two weeks of their interview date.</td>
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Gloria Fleming, MD, is a member of Ohio State’s College of Medicine Admissions Committee and a clinician and faculty member in the Department of Ophthalmology & Visual Science. The lack of role models in her profession, which has historically been male dominated with few African American clinicians, has made succeeding in her career more challenging. She has overcome this challenge with dedication and commitment to her patients as well as an excellent mastery of skills. Her advice to young women for achieving success is to become active in women’s professional organizations and familiar with resources they may offer to strengthen their portfolios.
College of Medicine Admissions Leaders

Quinn Capers IV, MD
Associate Dean for Admissions
The Ohio State University College of Medicine

Georgia Paletta, MA
Director of Admissions
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website: medicine.osu.edu/students/admissions/

Some Useful Links
aamc.org
humanism-in-medicine.org
mdapplicants.com
studentdoctor.net

Student Handbook:
medicine.osu.edu/students/life/resources/handbook/Pages/index.aspx

FOLLOW US ON TWITTER.COM/OHIOSTATEMED.

“We strive for a diverse student body at The Ohio State University College of Medicine and produce leaders in the medical profession who are prepared to care for all of the world’s citizens and to eliminate healthcare disparities. Diverse communities will benefit from cutting-edge research when physician scientists come from a variety of backgrounds.”